

North Coast
Journal
of Politics, People and Art

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All Creatures Great and Small

The Blessing
of the Animals
at St. Alban's

By Kali Cozyris

- 8 A sharps divide
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Emily Armstrong Buck and Dinah. Read more on page 14.

Photo by Eve Freedman

On the Cover

Photo by Eve Freedman

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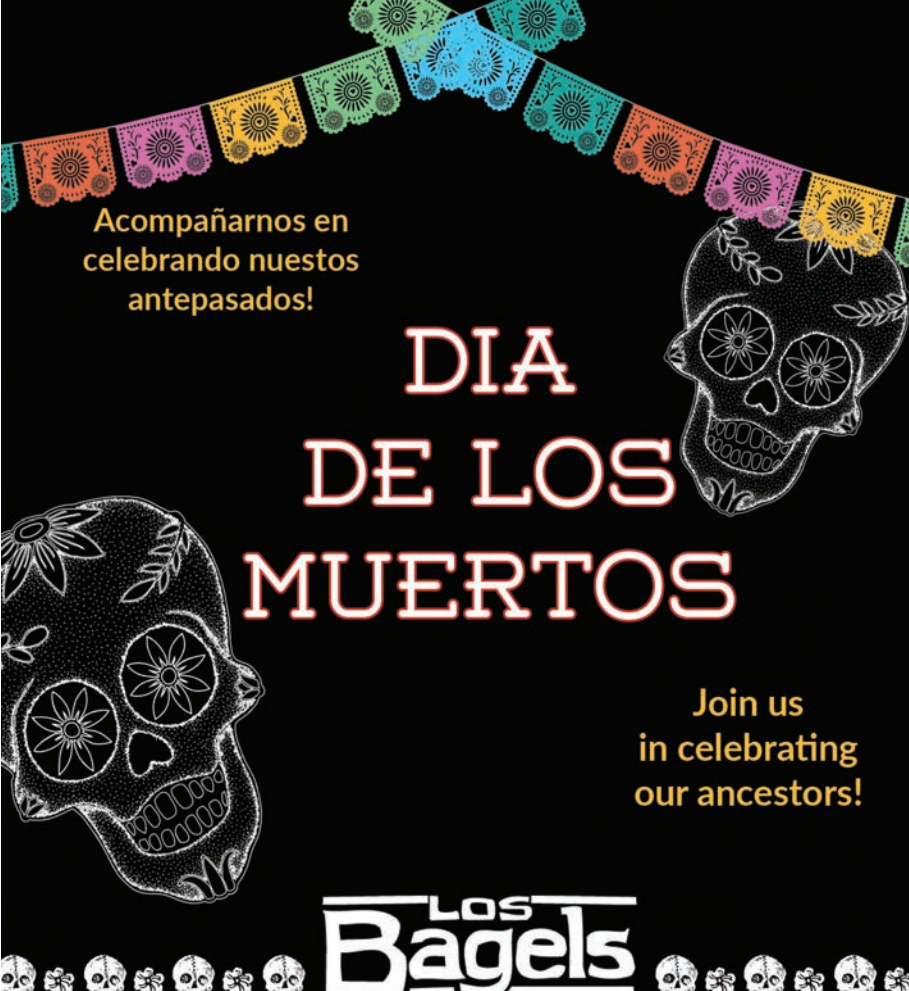
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'Simple as That'

Editor:

As a long-time Humboldt resident, I lived in SoHum many, many years ago, owned a café in Briceland and the record store in Garberville itself. I can understand your writer missing the point of the Reggae Wars so completely plus, how the whole place defies description ("Reggae Falling," Oct. 12). SoHum is unheard of in this country and that is what makes it special. Your writer, used to jumping in on controversy, also missed the real point.

SoHum works like this: You own your land. You build your house. You are recognized by how well you do and how you get along with your neighbors. No need for leaders, welfare, institutions, etc. Build a barn and use it for parties and so on. Educate the kids. Keep a very low profile and just plain stay out of sight. If you need help, and your neighbor/friends feel that you are a decent person trying hard to get by, you will get it. If not, hasta la vista. *Simple as that.*

The same tired old names surface again and again in your article, as they have no quiet life, simply ape the leader roles that straight society offers. Look around. Do you know or agree with any of your comically titled "leaders" or their strange, self-serving ways? Hardly. It's America. The ones you mention ape those social roles. Much how older, real, Humboldt got by before liberals and pot money came in to "improve" everything. Liberalism is a real trap, looking to muck up everything it touches with "help." SoHum was so much more direct and more pure.

Pot ruined Humboldt. Say it clearly. Scum arrived and mucked up everything. Rules were simple back in the day. Grow it and risk losing all you own, so better stay small. No 10,000 mega sites like now, with the sheriff throwing in the towel.

Mateel. A barn you rent for parties. Simple as that. The bureaucracy came later, aping the straight world and nobody needs 'em. Such a novel concept that it seems weird. Straight people have a problem with these roles, and so the tone of your article.

Joshua Kinch, Freshwater

Maximizing Carrying Capacity

Editor:

The reason the Earth can not sustain the growing population is because we severely reduced the carrying capacity of the ecosystems that sustain us by depleting resources faster than they're replenished (Mailbox, Oct. 12).

Our population did not deplete the native foods and plants by eating them all, we destroyed them and the habitats that supported them. We replaced them with less nutritious, less diverse plants that use much more resources to produce, which reduced the carrying capacity of the most abundant state in North America.

Contrary to what many believe, plant-based foods contributed substantially to Native Californians' diet and health. Many nuts, seeds and grains, underground tubers and bulbs, fruits and berries, and greens. These native foods are super foods high in nutrients, fat, protein and calories — some contain more digestible protein than meat. Restoring native plants and native foods will maximize the carrying capacity of our environment.

These native foods sustained the largest population of indigenous people in North America and massive amounts of wildlife. How much carrying capacity exists in millions of acres of lawns, asphalt, pavement, urban landscapes, tree farm forests and mono-crop agriculture? Today, most human touched landscapes barely support native birds, which is why the world is going through the largest



Terry Torgerson

extinction event in history. The health of the environment reflects the health of the people. Historically, Native Californians were documented as being the healthiest people Europeans ever encountered. Today, the American population is the unhealthiest on the planet even though we are the richest county.

Our culture has been going backwards for thousands of years. We can turn around and go forward before we hit the dead end. By acting in a beneficial way, we can fix these problems very quickly and become the beneficial species I believe humans were designed to be.

Monty Caid, Eureka

Correction:

In "Purple Yam Dim Sum" (Oct. 12), the instructions for the steamed buns should have indicated adding 1 tablespoon of sugar and 2 tablespoons of yeast, not teaspoons. The *Journal* regrets the error.

Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com. The weekly deadline to be considered for the upcoming edition is 10 a.m. Monday. ●



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News



Locatelli's niece and nephew help remove her prosthetic.

Photo by Linda Stansberry

Freshwater Native, Triple Amputee Inspires Students

Wendi Locatelli's new life:
'I miss my toes. But I try to stay positive.'

By Linda Stansberry

linda@northcoastjournal.com

The last thing Wendi Figas Locatelli remembered was falling asleep. The 34-year-old mother of three, who grew up in Freshwater and attended Eureka High School, did not know that her body was fighting off a lethal infection, that doctors had told her husband to notify the family to come visit her one last time and that she had a 1 percent chance of surviving.

"My husband sat by my side and said, 'Just take care of yourself, I'll take care of the kids,'" she told a rapt auditorium of elementary school students at Pacific Union School on Oct. 8. "I remember him saying that over and over again. I was in a coma. I didn't understand what he was talking about. I just remembered going to sleep."

When Locatelli woke up that day in early May of 2016, her right arm was dark black and her fingers were "shriveled." Her kidneys no longer worked. She had been struck with a septic infection several days earlier, the cause of which is still unknown. Surgeons removed both of her legs, her right arm below the elbow and the fingers of her left hand.

"You can see that I look a little differ-

ent than most people look," she told the students, gesturing toward her prosthetic legs, which are attached to her muscular thighs and allow her to stand, walk and run at a fast shuffle. "I have robot legs, a robot hand and what we call 'my paw.'"

She waves her left hand at the students and a ripple of laughter breaks out across the auditorium. Locatelli smiles with them. The speech, her first since her surgery a year and a half ago, was a favor to family friend Barb Hooper, secretary at Pacific Union. Locatelli, who was working as a dental hygienist in Woodland, hasn't returned to work since her illness but is interested becoming an inspirational speaker who can help demystify disability and prosthetics for children. Hooper and others were active in organizing a fundraiser to help Locatelli and her family with medical expenses. She wore a T-shirt with the word "G.L.O.W." on the front, an acronym for "God Loves Our Wendi," the slogan for Locatelli's boosters.

"She is the kind of girl who's an inspiration for everyone," said Hooper. "She's always been a leader."

Several other friends and family members, including Locatelli's mother and sister, attended the presentation, sitting

together in the bleachers. Several of them dabbed away tears as Locatelli described being wheeled into the operating room for amputation while comforting the nurse who was wheeling her in. Throughout everything, Locatelli told the school children, she tried to stay positive. She ended up comforting many of the people around her when she was struggling through some of the darkest days of her life.

In the hospital wing following her surgery, she was lonely, Locatelli told the students. All she wanted to do was be home and see her family — her husband Jay and their children, ages 2, 3 and 4. She could see her husband's name appear on her ringing cell phone, but she couldn't get the phone to respond to her touch beneath the bandages. It was frustrating. So she focused on her goals.

"I had to relearn everything," Locatelli said. A former marathon runner and downhill skier, now she struggled just to feed herself.

Most of her internal organs had been spared from the infection but doctors believed she would have to be on dialysis for the rest of her life. She followed advice to visualize her kidneys "standing up." Three days after beginning the visualization exercise, doctors took her off dialysis. Locatelli, who was hospitalized in Eureka after attending her sister's bridal shower in early May, left the hospital in early July to attend her sister's wedding.

She continued to set goals and to meet them. After getting her prosthetic legs in October of 2016, she set a goal to walk to the speedbump down the road from her house before Thanksgiving. That accomplished, she set a new goal: Learn to drive before New Year's. On Christmas day, she took her very nervous father for a ride. Now she can do almost everything she did before her surgery. The electric wheelchair, Locatelli told the students, is a big hit with her young children, who like to ride on the back of it.

"I have a lot of happiness," she said. "But I have a lot of grief and depression too. I miss my old life. I miss my fingers, I miss my toes. But I try to stay positive."

She told the students that there wasn't one day she didn't get up out of bed and try.

"Don't ever lose sight of your heart," she told them. "When you give up you're just not showing up."

Then, with the help of her niece and nephew, Cadence and Calahan Figs, she sat down and pulled off one of her prosthetic legs, displaying the stump of her thigh and its skin graft.

"Ewww," gasped the children.

"I know, I know," Locatelli said, nodding matter-of-factly. She showed the students

how the prosthetic worked and displayed her robotic hand, showing off how it could turn 360 degrees, to their delight. They were equally amused when she put the prosthetic leg back on and it made a farting noise.

"I want you to understand that although I look different, I'm the same as your mom and your dad," she told them. "Don't let anyone set a limit on what your goals are."

After taking a few questions from the

students, Locatelli responded to a request to show how she ran.

"You'll be disappointed," she warned them. "It's really more of a fast shuffle."

But Locatelli duly ran from one side of the room to the other to a thunderous round of applause.

Afterward she accepted flowers and presents from the students, many of whom lined up to talk to her and hug her.

Speaking privately to her G.L.O.W. boosters before the event, Locatelli said

she has found new purpose in speaking about her experience.

"This is what I was put here to do now," she said. "The first part of my life was for meeting my husband, having my babies and cleaning teeth. The second part of my life is to do this." ●

Linda Stansberry is a staff writer at the Journal. Reach her at 442-1400, extension 317, or linda@northcoastjournal.com. Follow her on Twitter @LCStansberry.

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Needles, Needles, Needles

The problem is pointedly obvious, but solutions remains elusive

By Kimberly Wear

kim@northcoastjournal.com

The stark reality of the local heroin epidemic spilled into the streets of Eureka last spring when the public restrooms in Old Town overflowed, clogged with thousands of syringes and other paraphernalia that had been stuffed down the toilet.

Located near the gazebo in the heart of city's tourism zone, the bathrooms have long been a gathering spot for those caught in the throes of addiction, leaving their marks in the spoons, tinfoil, straps and needles left behind — sometimes even

stashed inside of the seat cover dispensers.

The bathrooms have been snaked three times this year to prevent a repeat of the flood, while another facility at the city's boat launch has undergone the same process at a rate more than double that in the same span.

But these two epicenters of drug use and the resulting waste are anything but an anomaly, according to Parks and Recreation Director Miles Slattery. The problem, he says, is rampant across Eureka.

Countywide, needle exchange programs

run by the Humboldt Area Center for Harm Reduction and the county Department of Health and Human Services combined to give out more than 425,000 needles through the first half of 2017. Even with the approximately 90 percent return rate that both groups report, that leaves some 7,000 needles unaccounted for each month.

And the needles that do end up abandoned in alleys, tossed away in parks and strewn along the city's waterfront by the hundreds each week are not just bleak symbols of region's opioid crisis but a rallying cry for frustrated community members reaching a breaking point.

Slattery says discarded needles have long been an issue for his department but the numbers are increasing noticeably. He estimates some 1,000 are collected by parks and rec workers along the waterfront each week, with another 400 to 500 culled from the city's parks and open spaces.

"We're seeing a significant amount of them everywhere and it's gotten worse," Slattery says.

The problem has ignited a public backlash, mainly aimed at the Humboldt Area

Center for Harm Reduction, at one point prompting the nonprofit to pull volunteers from its regular needle collections due to what the center described as "harassment and violence."

Eureka is hardly alone. Cities up and down the state, across the nation and around the world are grappling with the same problem and the same frustrations. But the pressing question — with no easy answer — is what can be done?

Earlier this month, Eureka City Councilmember Kim Bergel suggested enacting an ordinance that would require any exchange programs operating within city limits to participate in a "track and trace" system — similar to requirements on cannabis growers and distributors.

That could include having each program use some sort of color coding or other method that would differentiate where the needles originated. Bergel also proposed having the city provide strategically placed kiosks for the safe disposal of the needles.

Voicing support for the staff direction at the Oct. 3 meeting were councilmembers Natalie Arroyo, saying she wanted to hear

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more about the issue in general, and Austin Allison, commenting that “there’s something going wrong with the needle return and exchanges.”

For now, city staff are in the early stages of exploring the possibility of a tracking system and potential sites for disposal kiosks, Bergel notes in an interview with the *Journal* this week.

“I don’t know that you can ever have too many tools,” she says. “It’s not just one thing that’s going to fix this. ... I just really feel like it needs to get to a place where things are traceable.”

Bergel says the needle issue is reaching a febrile pitch with community members feeling under siege by the scourge of the epidemic that’s invading their yards, playgrounds and greenbelts.

She points to a recent conversation she had with concerned residents on the Eureka Neighborhood Watch Facebook page that not only showed the mounting frustration over the proliferation of drug paraphernalia but also revealed several good ideas — like having local programs buy syringes with retractable needles.

“We all want same thing: a safe place to live and a safe place to raise our kids in a thriving community, but we may have different ways of doing that — so discussing that is huge,” Bergel says.

Enter the programs now caught in the crossfire of community ire. Not only are they working to provide sterile needles to stem the spread of diseases, but they also often act as a first point of contact to steer clients toward treatment.

“Our Syringe Exchange and Disposal Program staff meets with people around the county to offer an opportunity to safely dispose of syringes,” says DHHS Deputy Director of Public Health Lara Weiss. “While providing clean syringes helps people avoid contracting diseases like HIV and hepatitis C, we also promote safe disposal of syringes. We offer various sizes of sharps containers with each exchange and encourage safe disposal.”

It’s no secret that Humboldt County — like much of the nation — is facing an opioid crisis. The local overdose rate is four

Continued on next page »



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News

Continued from previous page

times higher than the state average with 26 people succumbing to the drug here in 2016 — an average of one death every 14 days.

That's not to mention the other related health issues.

The county Department of Health and Human Services puts the local rate of the liver-attacking Hepatitis C infection — passed via contaminated blood, often through shared needles — at approximately 5 percent of the area's population or five times the state and national rates.

But officials with the two main exchange programs in Eureka — DHHS and the Humboldt Area Center for Harm Reduction — say a track and trace system is not the answer. Not only would the program be costly and cumbersome but the effort would also unnecessarily divert funds to address the approximately 10 percent of needles that are unaccounted for without much in return.

"It doesn't seem like a feasible way of combatting the problem. People can get syringes anywhere," says Weiss in an email to the *Journal*, noting needles are legal in many states and can also be purchased online and in stores.

"As far as we know, all the syringes coming to users in the community look the same. To mark each needle would take quite a bit of time and resources," she writes. "It also won't help get them off the street. DHHS is working with local jurisdictions and communities to make disposal kiosks available in key areas as well as engaging in a community education campaign to raise awareness about safe disposal."

Brandie Wilson, HACHR's executive director, voiced similar sentiments but says the nonprofit, which distributed 296,083 syringes between January and May and received 256,176 back — a return rate of about 86.5 percent — is always open to new ideas.

The program does regular cleanups in Eureka and Arcata and will respond to pick up needles on request, she says.

"If the goal is to reduce the number of syringes, then we need to look at things that have really accomplished that, not policies that have never been successful in reducing litter," Wilson says in an email. "If we are looking to reduce syringe litter, it's best to use research and speak with those who are doing the work."

Possible solutions include increasing disposal options — something HACHR has been pursuing since last year and the county is also working on — as well as exchange hours and education about how exchanges work and disposal practices.

"We are happy to have conversations and discuss evidence based strategies to

reducing syringe litter," Wilson says.

Statistics provided by DHHS do show a sizable jump in the number of syringes being distributed by the county's syringe services program between 2015 and September of this year, although not all of those were issued in Eureka.

DHHS's distribution rate has jumped from an average of 7,422 a month in 2015 to 19,973 per month so far this year. The numbers of needles returned also fluctuated widely, with 96 percent to 112 percent coming back in 2015 as opposed to a swing of 61 percent to 171 percent in the first nine months of 2017.

Overall, the county reports an average needle exchange rate of 91 percent, which is similar to the numbers reported by HACHR between January and May of this year.

Meanwhile, the Eureka Police Department is once again responding to calls for syringe pickups in response to community and business concerns after ending the assistance two years ago due to budget cuts.

"EPD strives to be a service-driven department and we felt it was important to bring back this quality of life service," says Brittany Powell, the department's public relations officer.

Slattery, Eureka's parks director, says he certainly sees needle disposal bins as an option to help combat the plight of discards.

"I think the biggest issue is going to NIMBY-ism and the concern about the message we're sending when putting these up in public spaces," Slattery says, adding that he questions whether the disposal bins would be used.

He also suggests that needle exchanges should have requirements like those placed on mattress and television manufacturers to take responsibility for the proper disposal of their products.

"We should treat needles the same way with product stewardship. If you are handing out needles, you need to make sure that they are coming back," Slattery says.

In the meantime, Bergel says the community needs to be able to come together to have open, frank and, most importantly, respectful conversations about finding solutions.

"Let's be mad at the problem, not the people who have different opinions," she says. "That just my take."

Kimberly Wear is the assistant editor and a staff writer at the *Journal*. Reach her at 442-1400, extension 323, or kim@northcoastjournal.com. Follow her on Twitter @kimberly_wear.

Dark of Night Edits to a Sungrown Ordinance

By Charley Custer

newsroom@northcoastjournal.com

Well, the secret's out. As Thadeus Greenon headlined in the Oct. 5, 2017 *Journal*, there's "Way. Too. Much. Weed." He reported that a recent state Department of Food and Agriculture study "found that while California consumes about 2.5 million pounds of cannabis annually, it's producing more than five times that amount, some 13.5 million pounds." That extra 5,500 tons of weed is either smuggled out of state or, increasingly, rotting in despondent storage. In case you haven't heard, here in Humboldt the numbers are even worse.

On the eve of county and state regulations coming into effect in January, one might hope that regulators would address this budding crisis of overproduction. "Well-regulated markets" are, after all, a principle goal of regulation. But the only assured outcome of regulation is to drive small producers out of business by concentrating competition and increasing costs. In my neck of the woods, even apart from regulatory costs, small growers are giving up the ghost in droves because they simply can't sell their pot into a marketplace now dominated by huge producers. If you aren't selling in 100-pound units, good luck unloading them at all. Kids of today don't pick up pennies on the sidewalk anymore, either.

So it's been widely recognized here in Humboldt that Ma and Pa growers need a regulatory leg up to stay in the game, if only to slow their extinction as production industrializes. But something happened, not for the first time . . .

I experienced an unhappy *deja vu* at the recent county commercial cannabis workshop in Garberville. I'd pointed out in public comment that policies to help small growers that had been recommended by the planning commission after months of public hearings, then approved by the board of supervisors after additional discussion, had mysteriously vanished from the draft ordinance. A waiver was missing that would have lifted permitting requirements for small cannabis growers' existing homes if they are independent of the agricultural production on the property.

Permitting of rural residences has been a staple of county controversies for more than 40 years. This intelligent sidestep

toward constructive regulatory relationships was praised across the political spectrum — so what happened to it? I learned afterwards — because new Planning Director John Ford at the dais had no idea what I was talking about — that the policy had been excised by staff. With no public process. Without the knowledge of the planning director. And obviously, without going through the planning commission or supervisors who had approved it. Though staff theoretically follow direction from their superiors, that's often not what we see.

The question arises, why should the public, and indeed the county, waste time, money and goodwill on extensive public processes over months and years when the results of those processes may be shredded at any point by staff speaking only to themselves, under no one's supervision? This is not the first time this question has come up. And it's a problem of policy as much as process.

Ford noted at the meeting that, "It's clear that the ordinance isn't clear." The fact is, it's as clear as a fouled process can make it. Dark-of-night edits just don't daylight well because they make policies and intentions incoherent.

But after I lodged my complaint, something extraordinary happened. As a courtesy I'd sent Ford a draft of this article as I prepared to submit it to newspapers and he emailed me back a brief thanks for letting him know what I would say. The next day, in his report on the workshop to the planning commission, Ford recommended reinstating the waivers that his staff had deep-sixed. Concerning their covert elimination, he said, "It does violate a commitment the county made to the public, to the cultivation community."

Yes, exactly! So he did something about it! I'm deeply grateful to John Ford for his leadership and prompt action.

It's what we need now. Commercial cannabis policy is a black hole of uncertainties and unknowns across California. Humboldt County's policies encourage great growth of the local industry, and incentivize locating or relocating grows to sensible places. Essentially, near roads and services bigger grows are permitted. But most of the growth, legal and illegal, is in inherently uncompetitive traditional locations, up

dodgy mountain roads miles from services. Meanwhile, across California, new and old industrial growers in agricultural areas ramp up their own hyper-efficient overproduction for the statewide legal market opening Jan. 1. Conversions of lettuce greenhouses to cannabis mills are the talk of the Salinas Valley, for example.

In this challenging context, here's what is crystal-clear: the bubble that our county has blown up for the world to buy into is already busting. Small growers are abandoning businesses left and right. They're no longer able to support essential community nonprofits. Some are selling pounds for \$400, down from \$1,000 months ago. Many who took up the challenge to "grow big or go away" created by our proposed ordinance's strictures can't pay their bills from the glutted markets that our boom is only worsening.

Like the logging collapse decades ago, we're booming and busting at the same time, with producers dying out from the bottom up. The pipe dreams of regulators and exploiters alike are going up in smoke, while others still get rich despoiling the landscape and smuggling out of state. Meanwhile, county staff piles on more and more problems that were largely ignored for decades — rural road upgrades, legacy logging damage, unpermitted dwellings, environmental mitigations — as new mandates for growers to solve, when most of them will never be rich enough to reward planning staff's overreach. And the grossest growers bulldozing for big bucks operate outside of all rules anyway.

It's too late to do much of anything sensible about pot policy — though it's wonderful that the vanished policies for small growers will reappear. Additional sanity might be restored by scaling back the permissible size of big grows, aiming to both reduce their destructiveness and to signal that, on further reflection, we aren't wide open to abuse after all. In the bigger picture, I hope it's not too late to recognize that our county will never have, nor evolve toward, a rules-based society until both sides really commit to trying. At the workshop, I saw more effort from former outlaws than from their supposed law-givers. I'm very pleased that Director Ford saw fit to restore balance. May it never end.

My old *deja vu* is too-familiar history. It shouldn't be destiny. Our best hope is to engage honestly and fairly at every level, and see if sanity ever comes. ●

Charley Custer is a former pot farmer and recovering journalist. He is a founder of the Humboldt/Mendocino Marijuana Advisory Project (HuMMAP), which sued Humboldt County to scale back its permissive cannabis policies.



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Week in Weed

Up in Smoke

By Thadeus Greenson

thad@northcoastjournal.com

When surveying the neighborhoods reduced to ash in Napa, Sonoma and Mendocino counties over the last week, I think most of us probably felt an acute vulnerability. The devastation was so complete, so widespread, with thousands of structures leveled, dozens killed and more than 200,000 acres charred.

As I watched a group of volunteers load toilet paper, first aid kits and bottled water onto a Mission Linen truck at the Humboldt Bay Fire station last week, one woman said quietly, "it could have been us," as she dabbed back tears and marveled at the outpouring of Humboldt County generosity. The following night, I sat at my dinner table as my 5-year-old peppered me with questions. What if a fire came here? What if we had to flee our homes at 2 a.m. with only what we could carry and stood in the cold air as the rest burnt to the ground? What would we do? I tried my best to answer.

Most importantly, I said, we'd still have each other and that's all we really need. The next morning, she came with more questions. What about all our stuff, what about our house? I tried to explain that we have insurance that would give us money to rebuild our house and to replace some of our stuff, plus we have a little bit of money saved in case something horrible happens. She seemed dubious and I had to concede that if something like that happened, things would never be the same, even for people like us, who are fortunate to be employed with insurance and some savings.

It was with these thoughts still in the back of mind that I started coming across stories from our neighboring counties to the south about dozens of cannabis farms destroyed in the fires. And it occurred to me that as much as the thought of fire scares me and my 5-year-old, it has to terrify Humboldt's cannabis industry.

Consider this: Unlike the vineyards destroyed by the same fires, the cannabis farms don't have crop insurance and likely won't find themselves in line for whatever federal disaster relief ultimately trickles down the pipeline. Also, because of federal banking restrictions, it's a safe bet that millions in cash went up in smoke on some of those farms and homesteads. It's

also important to remember that many of these dozens of farms had likely spent the preceding months pouring large sums of cash into getting their farms permitted, inspected and remediated in anticipation of California's recreational markets opening next year.

To add insult to injury, an online donation account set up by the California Growers Association, which had raised a modest \$25,000 for the now farmless

farmers on the site YouCar-ing online, was shut down. The site's payment processor, WePay, apparently felt helping cannabis farmers put it afoul of federal law so it froze the account. (CGA has started another donation drive on its website.)

None of this is to say these cannabis farmers are any more deserving of your empathy or donations than any of the thousands upon thousands of others whose

It is a reminder that even those farmers operating legally under state and local law, even those doing everything they can to be green and good neighbors, are living without the safety nets many of the rest of us enjoy.

lives have been ravaged by flames to the south of us.

But it is a reminder that even those farmers operating legally under state and local law, even those doing everything they can to be green and good neighbors, are living without the safety nets many of the rest of us enjoy. And it's a reminder that, while all of us in Humboldt are very vulnerable to Mother Nature, the thousands of families making their livings from the local cannabis industry — and possibly our county's economy — are one disaster away from total ruin.

Thadeus Greenson is the Journal's news editor. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.

From Pot Farm to Horse Haven

Savanah McCarty, founder of Wild Souls Ranch, is preparing to move six horses, one pony and a whole lot of tack from Loleta to Fortuna. The nonprofit, which helps provide at-risk youth with equine-assisted growth and learning opportunities, is working out the terms of a donated piece of property just off of Hillside Drive. The property, in the 2800 block of Nelson Lane, was a source of concern for neighbors in the mostly residential area when, last spring, a cannabis entrepreneur applied for a permit to create a 55,000-square-foot marijuana farm and processing facility.

Because the area was “an island” within Fortuna’s sphere of influence, technically county land zoned for agricultural use, it met the standards for the county’s cannabis cultivation ordinance. But Hillside residents concerned about odor, road traffic and crime flooded public meetings to voice their opposition and eventually formed a neighborhood association to challenge the permit. In May, the Nelson-Hillside Association filed a civil complaint against the county in Humboldt County Superior Court.

Rather than drag out the process in court, the would-be entrepreneur agreed to sell the property and formerly Humboldt-based accountant Marion Brown, who already owns a parcel adjoining the

property, made an offer. Brown, reached at her home in Texas, said she had previously been interested in buying the land from her neighbor but the deal fell through. She said she has fond memories of riding past the place on her horse up to Headwaters Forest.

“I’m a believer in zoning,” Brown told the *Journal*. “The zoning in that area spoke to me as family-residential. To me that [cannabis] use of the property would not be congruent with the rest of the property. It would open the door to unintended consequences.”

Brown also got a nudge from her daughter-in-law, Tiara Brown, who both lives in the Hillside area and serves on the Fortuna City Council. On Monday, speaking before the Fortuna Chamber of Commerce, Brown said she had to abstain from speaking about the issue at city council meetings when neighbors brought their concerns. But as an admirer of the Wild Souls program, she said during the process she had “been dreaming of having those horses up there.” When her mother-in-law closed on the land on Oct. 4, she called McCarty right away.

For her part, McCarty says she is still “processing” the good news. At the chamber lunch, she called it a “dream come true” for her organization.

Some details are still being worked out, but following the renovation of the barn



Aurora Gibson gives Dusty a hug at Wild Souls Ranch’s current location. It looks like the therapeutic equine services nonprofit may be headed for a new home on the outskirts of Fortuna. POSTED 10.16.17

— Photo by Mark McKenna

and the erection of a new fence, it looks as though McCarty’s organization might set up under a long-term lease. Fundraising for a new arena will begin soon. The previous location, a private stable in Loleta, had some issues with mud and weather exposure, which McCarty thinks will be

eliminated at the Fortuna site. She also envisions eventually expanding. “The impact that this will have on our local youth will be huge,” McCarty told the *Journal*.

— Linda Stansberry

POSTED 10.16.17

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Triple Homicide Arrest: On Oct. 10, the Humboldt County Sheriff’s Office arrested a McKinleyville native, 48-year-old Scott Alan Baskette, wanted on suspicion of murdering his girlfriend, Rebecca Driver, and her parents, Frank and Coral Evans, in Silver Springs, Nevada. Deputies arrested Baskette in Willow Creek after Nevada officials warned he may have fled to the area. POSTED 10.11.17

Dinsmore Homicide: The Humboldt County Sheriff’s office has identified the 68-year-old man found dead Oct. 6 in the front yard of his Buck Mountain home as Richard Dennis Falk and is officially investigating the case as a homicide. Sheriff’s Lt. Mike Fridley said Falk died of multiple gunshot wounds and there are people of interest in the case. POSTED 10.11.17

New Wards?: As the *Journal* went to press Oct. 17, the Eureka City Council was considering whether to approve new ward boundaries to accommodate the True Ward system voters approved in November. Also on tap for the council was the approval of a contract for its newly hired police chief, former Capt. Steve Watson, and a new transitional housing village proposal from Betty Chinn. POSTED 10.14.17

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Digitally Speaking

26 The number of roadway fatalities in Humboldt County so far this year, after Kenneth Wayne Brock was hit and killed by a Ford F150 while riding a horse in Willow Creek on Oct. 15. POSTED 10.16.17

They Said It

“There’s a lot of things it could be.”
— Humboldt County Sheriff’s Lt. Mike Fridley about the potential cause of death of a 33-year-old man whose body was found floating in the South Fork of the Eel River on Oct. 6. The Garberville man’s identity has not been released. POSTED 10.11.17

Comment of the Week

“You are a keen, clever writer. Big shoes to fill...”
— Bart Rankin, commenting on the *Journal*’s website on the Oct. 12 story “We’ll Meet Again,” in which contributor Andy Powell announced he was penning his last Setlist for the *Journal*. POSTED 10.12.17

All Creatures Great and Small

Emily Coriell with Molly.
See more photos of pets and their
people at northcoastjournal.com.

The Blessing of the Animals at St. Alban's

By Kali Cozyris

Photos by Eve Freedman

It's late afternoon on a blustery October day. Rev. Sara Potter of St. Alban's Episcopal Church in Arcata bends over the leaf of a plant outside the wall of the sanctuary and speaks in hushed tones for a few minutes before she makes the sign of the cross and moves on. Tucked within the greenery and out of the public eye is the tiniest of creatures, a red and black woolly bear caterpillar, deposited there by 3-year-old Collin Coriell. Earlier, the young church member gingerly scooped it up from the church's doorstep to move it away from foot traffic.

St. Alban's Episcopal Church is a welcoming place. Its doors are open to people of all walks of life, and around the first Sunday of every October, it's open to animals, too. The Blessing of the Animals is a tradition enacted in many churches in recognition of the Feast Day of St. Francis of Assisi every year. This year, St. Alban's held its Blessing of the Animals service on Oct. 8 at 4 p.m., starting things off with a parish chili cook-off with about 20 people and 15 pets arriving for the service and feast.

Once outcasts
themselves,
these animals
in need of love,
care and shelter
now arrive well
fed and well
loved. Francis
of Assisi would
be pleased.

Trees are awash in full fall foliage in the quiet residential neighborhood in Sunny Brae where St. Alban's is located. Leaves swirl in the late afternoon wind, a bit strong even for October. Dogs bark at each other in excited greeting. Toenails scrape and click on the pavement. Children laugh. Stapled papers with the hymns, prayers and program for the service flap about on white tables adorned with green leaf cuttings, held down by

bowls of fresh grapes, stacks of plastic glasses and pitchers of water. A man sets a small carrier down on a table. Inside, two slender black cats peek out, quiet as mice.

As the wind blows, seeming to usher them into the parking lot, members of the congregation arrive with animals in tow, or being towed by animals, for the blessing, one the church's most popular events. Everyone lights up at the chance to talk about their pets, the church and

its members, and the saint being recognized today. Most of the pets are rescues. Once outcasts themselves, these animals in need of love, care and shelter now arrive well fed and well loved. Francis of Assisi would be pleased.

St. Francis, recognized as the patron of animals, merchants and ecology, was a man from a wealthy family and spent much of his youth carefree, the life of the party. After he was captured during an armed conflict and held captive for a year, he returned home a changed man. He gave up all his family's riches to live an ascetic life, wandering the streets in poverty, caring for the poor, sick and outcast, to live the way Jesus lived — no possessions, connecting with the creation around him, all the expressions of God. He rid himself of status and power to allow the will and grace of God to move in and through him so that he could connect with humbler, simpler things: the earth and its elements, animals, people of all walks of life, and spreading the word of God's goodness. The way he chose to live contradicted the way of the world then and now — a world that praises and rewards status. Potter, also known as Mother Sara, says, "We quip that Francis is one of the most admired and least imitated saints."

The inside of St. Alban's sanctuary is stunning but warm and comfortable with wood flooring, sturdy exposed wooden rafters and an organ loft high behind rows of smooth, solid pews. Metalwork depictions of the Stations of the Cross, a 14-step Catholic devotion that commemorates Jesus Christ's last day on earth, line the walls. The depictions, arriving last year from Haiti just in time for Lent, include a fair amount of flora and fauna, which Rev. Potter says complements the space. Jeanette Frey Carson, an artist who lives in Ukiah, designed the church's stained glass windows, beautiful balances of transparent and opaque glass in rich purples, blues and greens portraying the rural beauty of Humboldt's redwoods and rivers.

The Blessing of the Animals, however, takes place outdoors in front of the church. In previous years, when the blessing was held inside, a few dogs grew squirrely, not unlike children who have to

Continued on next page »



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On the Cover

Continued from previous page



Jeremy Webb holds Ruby and Doc as they receive their blessing.



Emily Arents carries Chica at the dog's first blessing.



Rev. Sara Potter leads the crowd in a reading of *The Canticle of the Sun*.

spend quiet time in an enclosed space when there are trees and birds and open air right outside stained glass windows. Holding the blessing outside with a crumbling, cobweb-covered statue of St. Francis watching over seems fitting. The animals are more relaxed, there's room to move about and all the elements of creation Francis revered: sunlight, fresh air, birds and the sky.

The 20 or so people gathered to celebrate the blessing congregate first for the chili cook-off. Four parish members have contributed their best efforts, lining up pots of the steamy, spicy stews on a table with taster cups and spoons nearby. "Come, taste, taste," a member beckons. "Don't forget to grab a ballot and write down your favorite." The enticing smells mix and waft on the afternoon wind and the assortment of pooches sniff at the air, wagging hopeful tails. After a short while chatting, laughing and eating, the crowd quiets down as Potter welcomes everyone and invites them to pick up their programs and join her in the opening hymn, "All

Things Bright and Beautiful." With accompaniment from two guitarists, a few bursts of barks ring out and voices raise in song:

"All things bright and beautiful,
All creatures great and small,
All things wise and wonderful:
The Lord God made them all ..."

It is a hymn penned by Cecil F. Alexander in 1848, but Francis of Assisi could have written it himself centuries ago.

Following the song, the group reads St. Francis's most famous writing, *The Canticle of the Sun*, which exalts God for making all of nature, including Brother Sun and Sister Moon. Francis referred to all creatures as brothers and sisters just as he did the sun and moon and even death, as he lay dying. For St. Alban's service, the canticle has been divided into parts for the "dog people" and parts for the "cat people" to read aloud separately. "What if you're both?" someone asks. People laugh. "Read them both!" Someone answers. Many did.

Jeremy Webb is one of the "cat people." Ruby and Doc, a couple of rescues from Humboldt Animal Rescue Team with petite faces, and nearly identical except for their different colored collars, sit snug in their carrier. Webb, a jovial guy with a big laugh and a long salt-and-pepper beard, is a local actor who recently appeared in *The Legend of Georgia McBride*, *Richard III* and *Beauty and the Beast*. "I got my start in theater through this place," he says. "A woman turned around one day and said, 'You sound like a tenor. You should be in the choir.' And then the choir director was like, 'The tenor dropped out of this thing. I need you to be in it. It'd be a huge favor for me.' So, I got to be Pedro in *Man of La Mancha* down at Ferndale Repertory Theater. I ended up getting a job there working as their master carpenter for a while and just learned about theater. Did tons of support roles and now I get lead roles." He laughs. "It's a lot of fun. It's been a great opportunity for me. It's been a huge blessing in my life."

Blessings abound and are bestowed as

Potter makes her way to each table, chair or place on the curb and says a prayer with each animal while people socialize or observe. It is an intimate event between the reverend, the animal and the owner. The prayer she speaks is a general one to give thanks to God for the animals and the companionship and the joy they provide their owners.

There's Tony, an elderly Chihuahua with a pronounced snaggleteeth, and Percy, a poodle-like dog cradled like a baby in the arms of a young girl. Both of them belong to Diana Cooper. At one table, an older golden lab raises his gray muzzle and kisses Potter as she leans in to bless him, nodding his head up and down and side to side and whimpering happily. She looks into his eyes and strokes his muzzle, quietly speaking the blessing. He goes still, listening. For a few moments, theirs is a deep communion. As she finishes, the dog's excitement picks up again. She tries her best to make a steady cross on his moving forehead, "In the name of the Father, the Son and the Holy Spirit. Amen."



Diana Cooper and Tony.

He makes a happy doggy sound, a tiny howl, as she moves on to the next pet.

His owner grins at me. "He's feeling the spirit."

More animals are blessed, like Dinah, a sweet, but cautious medium-sized dog, also a rescue, who belongs to Emily Armstrong Buck. Armstrong Buck has been coming to the church practically since birth. "I was baptised and confirmed here when I was like a week old." Dinah the dog stays close to her side, devoted, and wears another symbol of devotion around her neck — a canine collar emblazoned with the Shield of the Episcopal Church. Armstrong Buck lights up, smiling at the mention of it. "Yeah, we got that at the convention for the whole diocese one year. I saw they were selling Episcopal collars and leashes and couldn't help myself."

And then there's Chica, a young Havanese who belongs to Emily Arents, a member of the church for 18 years. She holds the soft, curly-haired salt-and-pepper dog in her arms and smiles, "It's fun to get the dogs together." But it hasn't always been

just cats and dogs. "Sometimes we have chickens," she laughs. Previous years have seen ferrets, a bearded dragon and even a horse or two. Later, we catch Chica standing on her hind legs at the chili table, peering up, taking tiny steps like a dancing dog, her little black nose wriggling. "She makes me laugh every day," Arents chuckles.

One of the more well-known stories associated with St. Francis is his Sermon to the Birds, in which Francis was so eager to go off and spread the Good News that he stopped to talk to a flock of birds. He told them of their magnificence and their connection with God — how they should praise God for blessing them with clean air and feathers and wings to fly. He spoke to them as if they had reason, referring to them as his brothers and sisters. Legend tells the flock stayed and listened, allowing him to move among them and touch them. Francis is often depicted with birds on his shoulders, in his hands or gathered around his tunic.

Continued on next page »

DID YOU KNOW?

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NCJ HUM PLATE

On the Cover

Continued from previous page



The crowd enjoys the chili cook-off before the Blessing of the Animals.

Like a deft puppeteer, Kate Lehré steers and guides two leashed terriers, Charlie and Sammy, and manages not to trip as they dart between her legs and tangle themselves up in their leashes.

Again, both dogs are rescues. "We were taking [Charlie] on a walk and we met [Sammy]. A volunteer was walking Sammy and Charlie just fell in love with him." She laughs. Lehré asks why I didn't bring my 9-year-old pug, Hannah, after I tell her I have a rescue at home, too. I explain it would be too much to watch her and interact with everyone, but I may be back next year with her. She encourages me to bring her and, if I'm working, to bring a friend to watch her until it's time for the blessing. "It's nice when they actually do the blessing if you can hold the dog because they bless your relationship," she says, choking up a little bit. "They bless the comfort that you give each other."

Not everyone who comes to the blessing has their pet with them. "I had a couple people who did not bring their cats but they still wanted me to

pray for their animals," Potter says. "So they brought out their iPhone to show a picture of their cats." Feeling encouraged, I do the same, bringing up a photo of my pug. Potter bows her head with me and touches the photo of Hannah on my phone. She gives a quiet blessing and at the end, swipes up and down and left and right, "Amen." I don't know if Hannah felt a thing, but I did. Lehré was correct, even sans her physical presence in my arms, it is an emotional thing and I tear up.

Near the end of the service, there's a rousing communal singing of "All God's Critters," which includes the whimsical chorus:

"All God's critters have a place
in the choir,
Some sing low, some sing higher,
Some sing out loud on the
telephone wire,
Some just clap
their hands, or
paws, or anything
they've got now!"

The group loves it. Everyone is on the same lighthearted page.

The ceremony ends with a call to go forth and to love and serve all God's creatures, including the smallest among us. Blessed by loving hands that carry them to places of safety and gentle words that acknowledge and uplift them. Just like young Collin Corielli's caterpillar. After the little creature was blessed, a church member sitting across from me smiled. "That's how we do it. We bless them all." ●

Kali Cozyris is the North Coast Journal's calendar editor. She can be reached at 442-1400, extension 322.

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Catch of the Day

The Sea Forager's Guide
by Kirk Lombard

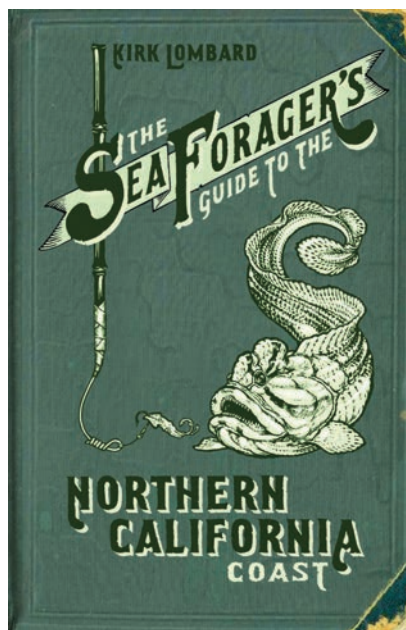
By Kevin Smith

newsroom@northcoastjournal.com

I have been following Kirk Lombard's blog, *The Monkeyface News*, for years now. His delightful writing style is a poetic blend of personal experience, history, humor and even a haiku once in a while. As a forager, freediver and angler along the California coast for more than 30 years, Lombard's words always seem to resonate with me. This is why I was so delighted to find out that he had gone beyond his exceptional blog and published what I can honestly call the best book on California near-shore marine food procurement on the market. *The Sea Forager's Guide to the Northern California Coast* is a must-read.

Lombard begins his 260-page book with a call to all of us who brave the chill of our North Coast waters to bring marine foods to the table. He explains that, as harvesters of the marine environments, we must go beyond gathering and be active stewards of their resources. It's up to us to be sure our coveted spots are harvested sustainably so that we may pass this tradition on down the generations. Lombard's words on this theme in the first pages echo those at many a driftwood campfire. Responsible harvests are the name of the game.

Beyond the necessity of a moral and sustainable approach to harvesting food from the sea, this book is bursting with unique knowledge. Lombard includes everything from what bait to use for specific



The Sea Forager's Guide
Submitted

species of fish to tackle setups, seasonal abundance and how to prepare fish once they are caught. But as a "sea forager," Lombard has also assembled pages of details on shellfish harvesting and dozens of seafood recipes ranging from smoked herring to coconut salmon soup and steamed rockfish. Lombard's witty asides, personal anecdotes, humor and prose, interspersed with incredible illustrations by Leighton Kelly, makes this book a real page turner.

The author's entertaining writing is second only to his immense knowledge for near-shore fisheries. This book is an absolute must-have for any serious shore angler, mussel harvester or clam digger. You name the species and chances are Lombard has at least a few pages dedicated to it. In fact, there are many species and fisheries in this book you may never have heard of or thought to pursue. This was certainly the case for me and I have been fishing and foraging since I was 2 years old. If you are looking for a fun and informative read or a gift for an aspiring angler or seasoned salty dog, this is the one. ●

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Sharktober Part 3

On “paying the rent”

By Jennifer Savage

getout@northcoastjournal.com



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“Sharktober?” my friend asked. I’d just told him about this column I’m writing. “Yes, Sharktober,” I repeated. “Shark ... tober?” he said again, drawing the syllables out as if to ensure he was saying the word properly.

“Yes!” I confirmed once more.

We stared at each other for a moment, then it dawned on me: He doesn’t know about Sharktober.

I shall now state the obvious: Sharktober is a mashing together of the words “shark” and “October,” and a term that came about because West Coast shark encounters are more likely in late summer and fall. This is borne out by *Shark Research Committee statistics*, which note a dramatic uptick in attacks during August, September and October — 63 percent of recorded occurrences happened during those months.

Now you know.

Another friend recently reminisced, after reading last week’s column on Scott Stephens (“Sharktober Part 2,” Oct. 12), how after the attack, a dude had been hanging out in the hospital parking lot trying to sneak in a six-pack of Great White beer to give to Scott. You’d be forgiven for thinking, “Wow, what poor taste,” but surfers are kind of sick in the head — again, I state the obvious — and Northern Californian surfers especially so. It’s not exactly sane behavior to tug a thick neoprene skin over your bare ass on a beach shrouded in fog just so you can go paddle out into cold water and big waves.

Which brings me back to gallows humor. We know cracking jokes about stressful or scary situations helps us poor humans cope with such things. So it’s no surprise when Sharktober rolls around and, even as everyone is tensed up over the increased likelihood of an attack, the humor ramps up along with the swell. In addition to other cute nicknames, like “the man in the gray suit,” great white sharks are known as “the landlord” and to get hit by one equates to “paying the rent.” Because most of us, regardless of where we were born and as comfortable as we might be in the water, understand that we will never be the true locals in the ocean.

That designation belongs to the dolphins, seals, sea lions, sharks and all the creatures to whom the ocean truly belongs. (For the record, I find sea lions very scary and have been stink-eyed out of the water by them more than once and, also, they can run faster than us on land.)

But let us return to Sharktober. First, summer on the California coast is typically made up of May Gray, June Gloom, No-Sky July, Fogust and small, sloppy surf produced by stupid northwest winds. It’s not until September that the skies clear for real, the air turns balmy and the newly south wind brings the promise of serious swell. It also heralds the beginning of shark season and a twisted sort of waiting game: Who will it be this year?

To be sure, years pass without encounters — at least reported ones. And we know sharks swim among us, regardless of whether we see them or not. Just ask any fisherman or Coastie. But if someone is going to be hit, then it’ll probably happen soon. And when it does, the media will descend, word will spread, a local surf shop will ante up a new wetsuit, surfers will pitch in to cover medical bills and a new board and, yes, many Great Whites will be hoisted in honor of the person who took the hit for the team.

Let me take a moment to note an important fact: As a species, sharks have way more to fear from humans. While an individual shark has the advantage over a lone surfer, swimmer or diver, humans collectively slaughter more than 100 million sharks every year. That’s 11,000 per hour. In contrast, since 1980, only 10 people have been killed by great whites off the California coast. A 2015 Stanford University study focused on California found that surfers have a mere 1-in-17 million chance of being bitten. Even in Humboldt County, you’re far more at risk of dying by car or gun than shark. According to *NatGeo*, things more dangerous than sharks include toilets, buckets and air fresheners. (And if you’re a woman who surfs, remember this: You are much more likely to be attacked by a white guy in a position of power than a shark, no matter how great and white and powerful it is.)

Further, it’s really easy to avoid a shark attack: Stay out of the ocean. You know, you can get SUP boards pretty cheap these days and the lagoons are really pretty. But if you, like me and all the other sickos, can’t stomach the thought of never immersing yourself in salt water again, here are some tips to minimize the already minimal danger, and what to do if you do happen to come face-to-teeth with our ocean’s proprietor:

1. Invite a few friends to learn to surf, then keep them around you as a sort of buffer. You’ll still get all the waves, but lessen the odds that it’s you that’ll get hit.

2. Remember, you don’t have to be the best surfer in the water: You only have to be the fastest paddler.

3. OK, more seriously, avoid river mouths and harbor entrances, as that’s where seals and sea lions typically congregate and sharks, being clever beasts, follow. Think of it as a buffet table, one that you would prefer not to be on.

4. Similarly, avoid the following: vast gatherings of circling birds, areas with wounded or dead marine mammals, bait balls, Bunkers.

5. I know, surfing alone is magical. But save it for summer. Immediate medical care makes a difference so, for once, find something to appreciate about sharing waves.

6. Seals or sea lions bolting vertically and suddenly out of the water nearby? Get the hell out.

7. If a shark decides to check you out, the usual advice applies: Punch hard, punch often. Aim for the nose and eyes.

Most modern shark researchers reject the idea that sharks mistake surfers for seals or sea lions. Instead, prevailing theory is, since they’re not afraid of much (maybe orcas?), they’re not worried about checking you out to see if they’d like to eat you. But turns out we’re way too bony for their taste, unlike juvenile harbor seals, who are “*simply plucked from the surface like grapes and eaten whole.*” (Thanks, Shark Research Committee!)

Check back next week for “Sharktober Part 4.”

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Table Talk

Getting Foodwise

Healthy cooking classes and a hearty fall soup

By Nora Mounce

tabletalk@northcoastjournal.com

Gathering around a huge communal dining table on a Sunday afternoon, a small group of women find seats on wooden benches. Piles of colorful vegetables, either sliced, chopped or freshly snipped, cover the workspace of Arcata's cooking school and culinary event space, Foodwise Kitchen. Quickly making everyone at home with her bright smile and easy laughter, Foodwise founder Rachele McCluskey gets her weekly Plant-Based Meal Prep underway.

In August, McCluskey celebrated one year since opening Foodwise in the modern, multi-use building across from the North Coast Co-op in downtown Arcata. High ceilings and tall windows welcome the Humboldt sunshine into the kitchen, creating a warm background for the menu of pop-up dinners and cooking classes offered at Foodwise. Neither strictly vegan nor raw, the Foodwise Kitchen celebrates the raw power of organic fruits and vegetables, buttressed by macronutrients from plant-based proteins.

McCluskey starts meal prep class informally, chatting with her students while tossing the ingredients for fresh corn cakes in a large glass bowl. The seasonal produce harvested by Humboldt County farmers inspires all of Foodwise Kitchen's dishes. At a meal prep class in August, a creamy red pepper soup, cucumber salad, fresh corn cakes and a raw lemon-turmeric cheesecake were on the lesson plan. This fall, meal prep classes feature polenta and veggie lasagna, stuffed delicata squash and mushroom and tomato soup. Offered every Sunday from 1 to 3 p.m., the meal prep menus change each week.

McCluskey designed meal prep classes to teach health-conscious students new tricks for creating easy, plant-based recipes at home. To motivate healthy eating even further, participants take home glass containers full of the delicious dishes they created together in class. Foodwise dishes

are cooked with organic, locally sourced ingredients whenever possible, without the use of meat, dairy or refined sugars. McCluskey's personal food philosophy is motivated by her belief that many diseases can be prevented with a plant-based diet of medicinal foods. For example, her decadent raw cheesecakes, like the soup recipe below, draw their richness from nuts. By soaking and blending raw cashews, she produces a variety of cheesecakes — cold-pressed coffee, lemon turmeric, roasted peanut and cacao — allowing her guests and customers to indulge in a dessert that won't cause digestive turmoil or a blood sugar spike.

For a one-to-two-person household, a meal prep class costs \$85, which includes four take-home containers and a double-sized slice of McCluskey's signature raw cheesecake. Families can opt for larger portions for \$105. Either way, you'll leave Foodwise Kitchen well fed (cooks get to snack during class) and prepared for a week of healthy eating. McCluskey even provides recipe cards for students to jot down the recipe and their notes on each dish.

Foodwise Kitchen is located at 791 Eighth St. in Arcata and you can check out the upcoming schedule of classes online at www.foodwisekitchen.com, call 633-8328 or email foodwisekitchen@gmail.com.





The takeaway from a plant-based meal preparation class. Photo by Rachele McCluskey

Upcoming events include Radiant Glow, a four-week series of nutrition classes on preparing foods that boost vitality and promote a healthy immune system, beginning Oct. 17. And on Nov. 10, McCluskey is partnering with local designers and florists for Fall Forage, an evening of food and floral design. Pre-registration is required. Foodwise will also offer plant-based holiday baking classes and a Thanksgiving brunch, in addition to regular workshops on plant-based cooking on a budget.

In the meantime, you can try Foodwise's easy recipe for this "cheddar" butternut broccoli soup. With the blended raw cashews, no one will miss the real cheese. Add a salad and homemade cornbread for a perfect dinner for chilly autumn nights.

Rachele McCluskey's Butternut-Broccoli Soup

Ingredients:

1 medium/large butternut squash
1 medium (or 2 small) heads broccoli
1 yellow onion, divided
1-2 cloves garlic
1 cup raw cashews
1 teaspoon olive oil
1 teaspoon garlic powder
1 teaspoon onion powder

1 tablespoon lemon juice
1 teaspoon Himalayan salt
2-3 tablespoons nutritional yeast
5-6 cups water
Fresh ground black pepper, to taste

Cover the cashews with water and soak them for 4 to 6 hours.

Heat the oven to 350F. Cut the butternut squash into halves and place them face down on a lightly oiled baking sheet. Roast until soft, 45-60 minutes. Let cool before peeling away the outer skin and scooping out the seeds.

Warm the olive oil in pan over medium heat. Chop half of the yellow onion and all of the broccoli (including stems). Sauté them together with pinch of salt and pepper until soft, about 7 minutes.

Roughly chop the other half of the yellow onion. In a food processor or blender, blend the chopped onion, butternut squash, soaked cashews, garlic, garlic powder, onion powder, lemon juice, salt and yeast until smooth. Add 1 cup of water at a time until you reach the desired thickness. Add salt and pepper to taste.

Return the soup to the pot and heat it to desired serving temperature. Top each bowl with few tablespoons of the broccoli and onion mixture, and enjoy.

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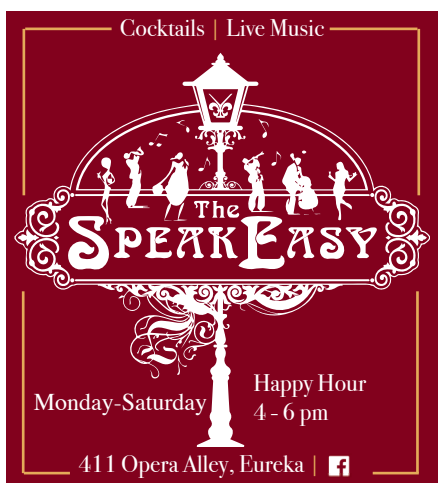
VENUE	THUR 10/19	FRI 10/20	SAT 10/21	SUN 10/22	M-T-W 10/23-25
BEAR RIVER CASINO RESORT 11 Bear Paws Way, Loleta 733-9644	Karaoke 8pm Free	April Moore & the Ranch Party (country) 9pm Free	Blue Rhythm Revue (R&B, funk) 9pm Free		
BRASS RAIL BAR 923-3188 3188 Redwood Dr., Redway	Pool Tourney 8pm				[T] Karaoke 9pm
EUREKA INN PALM LOUNGE 518 Seventh St., 497-6093					[T] Karaoke w/DJ Marv 7pm \$5 [W] Comedy Open Mikey 7pm Free
EUREKA THEATER 612 F St., 442-2970		Robo-Cat Productions Presents: <i>13 Ghosts</i> (1960) 7:30pm \$5	Va Va Voom Burlesque Vixens: Trick or Tease 8pm \$15, \$25		
FERNBRIDGE MARKET RIDGETOP CAFE 786-3900 623 Fernbridge Dr., Fortuna					[M] Open Mic 5:30pm Free
THE FUZION 233 F St., Eureka 345-1040				Burgundy Blues (dance) 7pm \$8	
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Crested Hens (Celtic/Irish) 6pm Free		Dale Winget (folk) 6pm Free		
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600	Open Mic w/Mike Anderson 6:30pm Free				
PEARL LOUNGE 507 Second St., Eureka 444-2017	Gabe Pressure with Reggaton, Afro Beat, Cumbia 10pm Free	D'Vinity (DJ music) 10pm Free	DJ Pressure 10pm Free		
PLAYROOM 1109 Main St., Fortuna 725-5438					[T] Karaoke 9pm



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THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778		Gravewitch, Novus Orsa, Earthworm, Death Mode Trippers (metal) 7pm \$7	Fetish Night: Cauldron of Kink 9pm \$5		[W] Zelos, Felled, A Whisper Wakes the Wolves (metal) 9pm TBA
THE SPEAKEASY 411 Opera Alley, Eureka 44-2244	The Jazz Hours (jazz) 7:30pm Free		Buddy Reed & the Rip It Ups (blues) 9pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] LD51- Ultra Secret Wednesdays (alt. jazz) 8pm Free
STONE JUNCTION BAR 923-2562 744 Redway Dr., Garberville	Upstate Thursdays (DJ music) 9pm TBA		Kush County, Irie Rockers, Ras Linga (reggae) 9pm \$10		[M] Pool Tournament 8:30pm \$10
TIMEOUT SPORTS PUB 725-9100 1095 S Fortuna Blvd., Fortuna			Doug Fir & the 2x4s (classic) 7pm TBA		
TIP TOP CLUB 443-5696 6269 Loma Ave., Eureka		Fridays w/DJ Pressure (DJ music) Free before 10pm	Sexy Saturdays w/Masta Shredda Free before 10pm		
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			[M] Adamas at the VI lounge (ballads, jazz) 6pm Free
VISTA DEL MAR 443-3770 91 Commercial St., Eureka					[T] Tuesday Blues w/Humboldt's veteran blues artists on rotation 7pm Free [W] Karaoke Nights 9pm Free

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Welcome to the Party

By Collin Yeo

thesetlist@northcoastjournal.com

I suppose the best way to start this off is by introducing myself. My name is Collin Yeo, I am 35 years old, unmarried, no kids, a native son of Humboldt and I love live music. I spent my 20s in New Orleans, where I worked as (among a whole lotta other things) a musician. I have been going to shows since I can remember (which, as a non-teetotaling former New Orleanian, probably isn't saying much) and when I replanted myself back in Humboldt five years ago, I was absolutely thrilled to see how much the local music scene had grown since my teenage years. New venues had sprouted up like daisies, and older establishments had rethought their contributions to the nightlife under new owners. The Logger Bar became cool. Youth-run house shows were a big thing and the diversity of artists from minority and LGBTQ backgrounds had started to crack mostly white monolith of the Humboldt of my youth. In short, things have been in bloom around here for a good while and I couldn't be happier about it.

It is my sincerest hope that this column will help curate your week, maximizing your fun, minimizing your effort hunting that near-mythical rare beast: A Good Time. I want to see people at packed shows, dear reader. I want to see dancing, I want to hear laughter and weeping (when thematically appropriate, hopefully), and I want this area to continue its music scene renaissance.

So I need your help and feedback. Did I miss a good show? Is there a better one coming up? Is my dumb humor going to get me banned from bars? Venue owners and casual readers alike, please let me know what you think.

Finally, I would like to thank my predecessor Andy Powell for doing such a great job on his run here. Kudos, man. I hope I can fill your shoes — or ear plugs, I guess. Actually, no. Shoes.

Thursday

Portland's greatest Talking Heads cover band **Life During Wartime** brings the full David Byrne cosplay to Humbrews at 9:30 p.m. with the next best thing to being in Hollywood's Pantages Theater in December of '83 when Jonathan Demme was filming *Stop Making Sense* (\$15).

If you are looking for something more contemporary (with another 1980s

reference point), at 9 p.m. the Miniplex is hosting Chicago's heavy math-rock duo **Imelda Marcos**. Local keyboard, guitar and big beat prog project **Neighbors** sit in the middle of the bill and **D3D**, led by multi-instrumentalist J. Valdez, formerly of White Manna and CV fame, opens (\$5).

Friday

If you are in the mood for blues music and you enjoy the OG repertoire from the Delta to Chicago, I recommend a trip to the Westhaven Center for the Arts at 7 p.m., where talented local musicians **Jim Lehman**, **Bill Moehnke** and **Ron Perry** will be playing blues numbers from the acoustic to the electric era. Bassist **Dale Cash** will be there keeping the rhythm section honest, and I can tell you that he is among the finest musicians I have ever heard in my life. Dancing is recommended (\$5-\$20 sliding scale).

If your tastes trend heavier, the Siren's Song in Eureka has a pretty solid line up. **Gravewitch** from Bend, Oregon, plays blackened thrash metal while Red Bluff's **Novus Orsa** serves up technical death riffs. Locals **Death Mode Trippers** open. This is an all-ages show so it's early at 7 p.m. (\$7).

Saturday

The Arcata Vet's Hall Bar (on the corner of 14th and J streets, downstairs) has been undergoing something of a renaissance lately. Thanks to the efforts of a younger crop of local veterans, there is a brand new beautiful redwood bar in the basement and shows have started to crop up there semi-regularly. Similarly, what started as a wild idea at the Alibi has blossomed into a local institution: The Songwriter Circle of Death is celebrating its 15th gathering at the Vet's Hall Bar at 9 p.m. The format is simple: The artists show up with their chosen acoustic instruments and each play songs ranging from punk to country to blues and bluegrass. Tonight will feature **TheBoredAgain** (aka a guy named Dave from Eureka who plays punk tunes on his upright bass), Portland transplant **Gabe Rozzell** and Blue Lake bluegrass **Turtle Goodwater** (\$3).

The Outer Space in Arcata is putting on a good one tonight for all of you garage and art-punk fans. Oakland's **Everyone Is Dirty** pull a beautiful and, dare I say,



David Liebe Hart plays the Miniplex on Monday, Oct. 23 at 9 p.m.

Photo by Chad Cooper

grungy sound from vocals, electric violin, guitar, bass and drums. Meanwhile, openers **The Monster Women** are garage rock done right and **SLOP** translates sparkly femme-punk into three languages starting at 7 p.m. (\$8).

The Alibi is hosting a benefit show for the Breast Health Awareness Project, a support group for women facing breast or gynecological cancers. Three DJs will be spinning dance music from 11 p.m.: **DJ Anya**, **DJ King Maxwell** and **DJ Crazy Leggs** (\$5).

Sunday

Are you feeling a desire to jam out? Do you enjoy a Phish-y mix of acoustic and electric instrumentation? Vermont-based **Twiddle** is the show for you tonight at Humbrews at 9 p.m. Tickets are \$15 in advance, \$18 at the door.

Monday

Oh boy, he's back. Puppeteer, singer, storyteller, "alien abductee" and Adult Swim channel gadfly **David Liebe Hart** will be at the Miniplex for a night of multimedia music, comedy and A.I.-uncanny-valley-type weird behavior to support his new album *Space Ranger*. Years ago I saw his show in New Orleans and had a blast talking to him afterward, during which time he asked me to buy him two root beers (I did) and drew what I can only describe as the least lifelike/most puppet-like drawing of my girlfriend while telling me about space aliens in Hollywood. Backing musician **Th' Mole** provides sounds to David's visions and local wizardcore master-blasted comedian **Dr. Foxmeat** opens with a stand-up set at 9 p.m. (\$10 in advance, \$15 at the door).

Across town and steeper in price, the Van Duzer Theater is hosting internationally acclaimed songwriter, violinist, whis-

tlar and all-around fantastic performer **Andrew Bird** at 7 p.m. (\$46, \$22 students). This one will likely sell out, for Mr. Bird's broad appeal might be the only thing about him that can outsize his considerable talent.

Tuesday

This is a good evening for free live jazz (not to be confused with "live free-jazz") in a barroom or beer garden. For the latter, head to Blue Lake and the Mad River Brewery taproom at 6 p.m. for the guitar and vocal stylings of **Blue Lotus Jazz**, a mellow duo that picks out standards and seven-string serenades (free).

For a more fiery jazz trio, go check out the **Opera Alley Cats** at the Speakeasy in Eureka from 7:30 to 10:30 p.m. (free).

Wednesday

Identical twins and multi-instrumentalists Katelyn and Laurie Shook front Portland's indie pop band **The Shook Twins**. Banjo, electric guitar, and hushed telephonic vocals collide with gentle ambient pops and subtle harmonies to create a very lovely sound. This is roots music with modern songwriting and an emphasis on textures and harmonic innovation. Catch them at Humbrews at 9 p.m. (\$15).

Or perhaps you prefer your music to drop the instruments and turn up the bass. The Jam has you covered with their ongoing weekly showcase of all things deep and electronic, Whomp Wednesdays. This week, get whomped by artists **Mike iLL**, **SuDs** and **Snuffy** from 9:30 p.m. to closing time (\$TK). ●

Full show listings in the Journal's Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

Calendar

Oct. 19–26, 2017



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Submitted

Bustle over to the Inn at 2nd and C on **Saturday, Oct. 21 at 7 p.m.** for **Fall Splendor Up, Up & Away, an Elegant & Odd Steampunk Adventure** (\$25-\$200). There'll be drinks, Victorian vittles, the annual Costume Fashion and Trashion Show with DJ Marjo Lak, a live auction and music to get down with your anachronistic self.

The Nightmare Before Christmas comes in dance form on **Saturday, Oct. 21 at 2 and 7 p.m.** at **Redwood Raks World Dance Studio**, courtesy of 555 Contemporary Dance Co. (\$10, \$8 kids 10 and under). Ya Habibi Dance Co., Sassafras Bellydance, Sequoya Cross and Matilda Jackson join in on the spooky fun.

Haven't quite had your fill of scary clowns? (Sidebar: What the hell is wrong with you?) It's all fright wigs and red-nosed menace at Dell'Arte's **Carlo Theatre** on **Saturday, Oct. 21 at 8 p.m.**, when the **Macabre Cabaret** takes the stage (\$12, \$15). This creepy night of comedy is for ages 16 and up.



Patterson-Gimlin footage

Camera Shy

Looking at all the thirsty folks on social media makes you appreciate those who avoid the spotlight. Take Bigfoot, for example. There's a quiet dignity in not posting every elk bone he gnaws on Instagram, not Facebooking every time he freaks out a camper, and just hiding stock-still behind a redwood for hours without Tweeting about it. Ironically, it just makes us all the more curious about him.

Not that he'll be attending, but his fan-base will be in full force at the **Patterson-Gimlin Film 50th Anniversary Celebration** on **Friday, Oct. 20 at 4 p.m.** at the **Veteran's Hall** in Willow Creek. Rub elbows with notable bipeds like **Bob Gimlin** of footage fame and **Finding Bigfoot** cast members, while listening to music, enjoying food and drink and toasting a half-century of squinting at a squirrely maybe-Sasquatch.

If you want to believe, listen to some Bigfoot bigwigs at the **Patterson-Gimlin Film 50th Anniversary Conference** on **Saturday, Oct. 21 from 1 to 10 p.m.** at the **Sequoia Conference Center** (\$50). Cryptozoology heavyweights will be in attendance, including speakers like **Bob Gimlin**, himself, author and anthropologist **Jeff Meldrum**, biologist **John Mionczynski** and Bigfoot hunters **Kathy and Bob Strain**.

— Jennifer Fumiko Cahill



The Shining

Ghosted

There are two kinds of spooky Halloween movies: the kind with goofy ghosts and special effects you can laugh along with and the kind that make you genuinely afraid enough that afterward you brush your teeth without looking in the mirror. What? There could be some creepy apparition standing behind you. Start with the scary stuff on **Friday, Oct. 20 at 8 p.m.** at the **Arcata Theatre Lounge**, when the Stanley Kubrick/Stephen King classic **The Shining (1980)** takes you back to the haunted Overlook Hotel (\$5). Nothing scares like Jack Nicholson as a blocked writer descending into murderous madness, terrifying his wife (Shelly Duvall) while his son (Danny Lloyd) Big Wheels around empty (and not-so-empty) hallways. Bonus points if you can find a friend who's never seen it and watch him or her jump and cringe for the first time. Congratulations for surviving the all-lady reboot destroying your childhood (RIP, fragile fanboys) — you now get to come back to the **Arcata Theatre Lounge** for the original **Ghostbusters (1984)** on **Sunday, Oct. 22 at 6 p.m.** (\$5). Bill Murray, Dan Aykroyd, Harold Ramis and Ernie Hudson suit up to battle the paranormal and local bureaucracy in New York City. Sigourney Weaver and Rick Moranis are hilarious as possessed residents of a fancy apartment building/portal to another dimension. See? You're singing the song in your head already. Sorry about that.

— Jennifer Fumiko Cahill

19 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

LECTURE

An Update on Luna. 7-8:15 p.m. HSU Natural History Museum, 1242 G St., Arcata. Twenty years after Julia Butterfly Hill's tree-sit brought worldwide attention to a redwood named Luna, Stuart Moskowitz of Sanctuary Forest will give the latest information about this iconic redwood. Free, donations appreciated. natmus@humboldt.edu. www.humboldt.edu/natmus. 826-4479.

MUSIC

Humboldt Ukulele Group. Third Thursday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome. \$3. dsanderl@arcatanet.com. 839-2816.

FOR KIDS

Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad Library, 380 Janis Court. Toddler storytime at the Trinidad Library. Free. trihuml@co.humboldt.ca.us. 677-0227.

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. A unique drop-off program for children ages 3-5. Stories, music, crafts, yoga and snacks. \$8, \$6 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

FOOD

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. Fresh local produce, straight from the farmer. Live music every week. www.humfarm.org. 441-9999.

Eureka Natural Foods McKinleyville Farmers Market. 3:30-6:30 p.m. Eureka Natural Foods, McKinleyville, 2165 Central Ave. Local, GMO-free produce. Live music. Free. info@humfarm.org. www.humfarm.org. 441-9999.

Whiskey and Chocolate Pairing. 7 p.m. Dick Taylor Chocolate Factory, 4 West Fourth St., Eureka. A spirit filled evening with Steve and Amy Bohner of Alchemy Distillery, tasting unique pairings of liquor and chocolate as well as bread. Limited to 30 people. 21 and up. \$35.

ETC

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

Sip & Knit. 6-8:30 p.m. NorthCoast Knittery, 320 Second St., Eureka. Come create with your community. Enjoy an evening of knitting, crocheting or whatever fiber craft you love. Food and drink available and bring something to share. Free. info@northcoastknittery.com. www.northcoastknittery.com. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

20 Friday

ART

Community Art Night. Third Friday of every month. The MGC, 2280 Newburg Road, Fortuna. Family friendly, all ages welcome. All supplies are provided. Free. www.ervmgc.com.

DANCE

Baile Terapia. 7-8 p.m. The MGC, 2280 Newburg Road, Fortuna. Paso a Paso hosts dance therapy. Free. www.

Continued on next page »

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Calendar

Continued from previous page

ervmgc.com. 725-3300.

LECTURE

Arcata Pond/Wetland System. 7:30 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Bob Gearheart will present, *Natural Wastewater Treatment Processes: Arcata Pond/Wetland System*. Free.

Going Up the River. 7 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Historian Jerry Rohde presents sights and stories of early Humboldt County communities along the Eel, Klamath, Trinity, Van Duzen, Little and Mad rivers. Free. www.baysidegrange.org.

MOVIES

Robo-Cat Productions Presents: 13 Ghosts (1960). 7:30-10 p.m. Eureka Theater, 612 F St. The Great Razooly returns to host a Horror Theater showing of the William Castle shocker in Illusion-O! Everyone in attendance will receive a special ghost viewer to add to the supernatural fun. \$5. robocatproductions@gmail.com. www.theeurekatheater.org. 496-5386.

The Shining (1980). 8 p.m. Arcata Theatre Lounge, 1036 G St. All work and no play makes Jack Nicholson the ax-wielding pawn of hotel ghosts. \$5. www.arcatatheatre.com.

MUSIC

Jolie Holland. 7-11 p.m. Mattole Valley Community Center, 29230 Mattole Road, Petrolia. Performing in an intimate setting. \$10. nieves@brynies.com. www.joliehollandmusic.com/tour-dates. 629-3290.

Third Friday Blues: Blues Through the Years. 7 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. An evening of acoustic/electric blues and dancing. Jim Lahman, Dale Cash, Ron Perry and Bill Moehnke will present blues from the turn of the century to today. \$5-\$20.

THEATER

Avenue Q. 7:30 p.m. Van Duzer Theatre, Humboldt State University, Arcata. A coming-of-age parable addressing and satirizing the issues and anxieties of entering adulthood. The triple Tony Award-winning musical features puppets alongside human actors. Recommended for high school age and older. \$15, \$10. www2.humboldt.edu/theatre/. 826-3928.

Little Shop of Horrors. 8 p.m. Ferndale Repertory Theatre, 447 Main St. Based on the low-budget horror film, a rock musical comedy about an unexpected love triangle. Appropriate for ages 16+. Through Oct. 29. \$18, \$16 seniors 60+ and students. www.ferndalerep.org.

EVENTS

Assumption Parish Bazaar. 6-9 p.m. Portuguese Hall, Fifth Street and Ocean Avenue, Ferndale. The 77th annual spaghetti dinner is at 6 p.m., booth games and silent auction at 7 p.m. Proceeds to supplement the Historic Assumption Catholic Church operating funds. Free admission, dinner: adults \$10, children \$5. 786-9321.

Bunco Fun. 7-9 p.m. Freshwater Community Hall, 49 Grange Road, Eureka. Finger food and raffle tickets. Adult and kid prizes. Doors open at 6 p.m. \$15 for 3 rounds, \$5 for 10 and under. www.freshwatercommunityguild.org. 601-6274.

Patterson-Gimlin Film 50th anniversary Celebration. 9 a.m. to 10 p.m. Veteran's Hall, 20 Kimtu Road, Willow Creek. Speakers, food and more to mark the famed Bigfoot footage.

Science Night. 5-9 p.m. College of the Redwoods Theatre, 7351 Tompkins Hill Road, Eureka. Fun for all ages with demonstrations, hands-on activities and experiments including the Howling Gummi Bears, the Chemical Magic Show, Bubble Magic and the Pumpkin Chucking Trebuchet (catapult). Free.

FOR KIDS

Family Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. A rotating group of storytellers entertain children ages 2-6 and parents at Fortuna Library. Free. www.humlib.org. 725-3460.

FOOD

Southern Humboldt Farmers Market. 11 a.m.-3 p.m. Garberville Town Square, Church Street. Fresh produce, meats, baked goods and more, plus live music and family activities. Free.

HOLIDAY EVENTS

Macabre Caberet. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. The Dell'Arte Company, house band and guests bring in the noise, the spook and enough laughs to raise the dead. For ages 16+. \$12/\$15. info@dellarte.com. www.dellarte.com/shows-and-events/2017-2018-season/. 668-5663.

MEETINGS

A Call to Yarns. Noon-1 p.m. Arcata Library, 500 Seventh St. Knit, chat and relax at the library every week. Free. archuml@co.humboldt.ca.us. 822-5954.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

ETC

Solidarity Fridays. 5-6 p.m. County Courthouse, 825 Fifth St., Eureka. Join Veterans for Peace and the North Coast People's Alliance for a peaceful protest on the courthouse lawn. www.NorthCoastPeoplesAlliance.org.

21 Saturday

ART

Archaeology & Cultural Awareness Day. 11 a.m.-3 p.m. Clarke Historical Museum, Third and E streets, Eureka. Visitors of all ages learn about archaeology, local Native American culture and how to excavate artifacts responsibly. Hear from archaeologists and try flint knapping, local Native American basket weaving, bow making, traditional storytelling, make-and-take artwork and a hands-on mock excavation for all ages. More activities, Native American vendors and food available for purchase on the street. Free. www.clarkemuseum.org.

DANCE

The Nightmare Before Christmas. 2 & 7 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. 555 Contemporary Dance Co.'s take on Tim Burton's classic. Directed and choreographed by Stephanie Carter, with special guest artists Ya Habibi Dance Company, Sassafras Bellydance, Sequoia Cross and Matilda Jackson. \$10, \$8 kids 10 and under. www.redwoodraks.com.

Va Va Voom Burlesque Vixens: Trick or Tease. 8 p.m. Eureka Theater, 612 F St. A Halloween-themed burlesque show of devilish delights featuring the vixens, guest performances, games, costume contests, silent auction and more. 21 and up. \$15, premiere \$25, VIP \$65, \$150. www.theeurekatheater.org.

MOVIES

The Rocky Horror Picture Show. 11:59 p.m. Minor Theatre, 1013 H St., Arcata. Midnight showing of the cult classic. \$5.

MUSIC

Fun with Music. 11:30 a.m.-noon. Arcata Library, 500 Seventh St. Share music, movement, a story and more - family fun for everyone. Free. Sponsored by Humboldt First Five and the Friends of the Arcata Library. 822-5954.

THEATER

Avenue Q. 7:30 p.m. Van Duzer Theatre, Humboldt State University, Arcata. See Oct. 20 listing.

Little Shop of Horrors. 8 p.m. Ferndale Repertory Theatre, 447 Main St. See Oct. 20 listing.

EVENTS

Assumption Parish Bazaar. 6-9 p.m. Portuguese Hall, Fifth Street and Ocean Avenue, Ferndale. See Oct. 20 listing.

Fall Splendor Up Up & Away, an Elegant & Odd Steampunk Adventure. 7 p.m. The Inn at 2nd & C, 139 Second St., Eureka. Dress in ballroom steampunk fantasy attire. Libations and starters, Victorian small plates, Costume Fashion and Trashion Show with DJ Marjo Lak, a live auction and music. \$25-\$200.

Patterson-Gimlin Film 50th anniversary Conference. 1-10 p.m. Sequoia Conference Center, 901 Myrtle Ave., Eureka. Featuring Speakers Bob Gimlin, Dr. Jeff Meldrum, Biologist John Mionczynski and Kathy and Bob Strain. For tickets and more info: www.bigfootpg50.com. \$50.

S.T.A.R. Spaghetti Dinner. 6-8 p.m. Blue Moon Cafe, Ruth Lake, Bridgeville. Fundraiser for Southern Trinity Area Rescue with dinner, a raffle for a Klymit Backpack Bundle, a 50/50 raffle, live music and gold fish Races. \$10, \$5 12 and under, free for under 3.

FOR KIDS

Girl Scouts Information. 9 a.m.-2 p.m. Arcata Plaza Farmers' Market, Eighth and I Street block. Visit the Girl Scouts booth to learn more. Free. kjohanson@girlscout-norcal.org. www.gsnorcal.org/join. 443-6641 ext. 3010.

Nature Story Time. 2-3 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Join Friends of the Dunes naturalist Ashley Hansen for a story time focused on seabirds that includes fun props, movement activities and a simple craft for both guardians and children to enjoy. Geared for ages 3 to 6. Free. info@friendsofthedunes.org. 444-1397.

Young Inventors' Club. Third Saturday of every month, 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. Hands-on science program with one or more activities planned each month. Free with museum admission. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

FOOD

Breakfast and Flea Market. Third Saturday of every month, 8:30 a.m. Dow's Prairie Grange Hall, 3995 Dow's Prairie Road, McKinleyville. Enjoy pancakes, eggs and browsing knick knacks. Flea market ends at 3 p.m. \$5, \$3 for kids. dowsgrange@gmail.com. www.dowsprairiegrange.org. 840-0100.

Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. The North Coast Growers' Association market features fresh fruits and vegetables, humanely raised meats and eggs, goat cheese, honey, nursery starts for the garden, native and ornamental plants, flowers, fiber, prepared food, live music and more. Music by Object Heavy. Free. www.humfarm.org.

HOLIDAY EVENTS

Macabre Caberet. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See Oct. 20 listing.

MEETINGS

People's Map of Eureka. 3-4:30 p.m. Synopsis Nova, 212 G St., Suite 102, Eureka. Societies for Poetic Action, a

Eureka artist group, invites input on a year-long project to create a "People's Map of Eureka" as part of its efforts toward a more engaged and participatory community. Free. wearehere@societiesforpoeticaction.org. www.synapsisperformance.com. (210) 364-7024.

Photoshop User Group. Third Saturday of every month, 10 a.m.-noon. Prosperity Center, 520 E St., Eureka. Adobe Photoshop or LightRoom beginners and power users gather to swap ideas and techniques. Informal lunch usually follows. Free. wrishel@gmail.com. www.eurekaphotoshop.com. (510) 410-3310.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet trained guide Elliott Dabill for a 90-minute walk focusing on the ecology of the marsh. Free. 826-2359.

Audubon Society Arcata Marsh Bird Walk. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet walk leader Cindy Moyer in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. www.rras.org/calendar.

BioBlitz and Native Planting. 9:30 a.m.-noon. Freshwater Farms Reserve, 5851 Myrtle Ave., Eureka. Plant natives at Freshwater Farms Reserve, followed by a smartphone-powered BioBlitz. People of all ages and skill levels are welcome. Bring work gloves and a fully charged smart phone with the iNaturalist app already downloaded. Free. info@friendsofthedunes.org. www.inaturalist.org. 444-1397.

Invasive Plant Removal Workday. 9 a.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Help remove fennel, Scotch broom, teasel, English ivy and Vinca (periwinkle). Tools and gloves provided. Wear work clothes and sturdy shoes. Free. gms2@humboldt.edu. 599-2655.

SPORTS

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See Oct. 20 listing.

COMEDY

On The Spot Improv Comedy. 7 p.m. Arcata Theatre Lounge, 1036 G St. Improve comedy showcase with: spontaneous scenes, hilarious games, snappy songs and fantastic stories all made up on the spot based on audience input. You say it, they play it! Ages 10 and up. \$7. 822-1220.

Peat Moss presents Ladies' Night. 6-10 p.m. Northtown Coffee, 1603 G St., Arcata. The Peat Moss Variety Show presents Ladies' Night featuring music from The Sway Sisters and Black Eyed Susan, as well as comedy from Jessica Grant, Melissa Gordon and Megan D'arcy. Free.

www.facebook.com/peatmossvarietyshow. 633-6187.

ETC

Media Center Orientation. Third Saturday of every month, 10 a.m. Access Humboldt Community Media Center, 1915 J St, Eureka. Learn about the recording studio, field equipment, editing stations and cable TV channels available at Access Humboldt. Free. 476-1798.

National Weather Service Open House. 10 a.m.-4 p.m. National Weather Service Eureka, 300 Startare Dr. Guided tours of the office every 30 minutes, hands on experiments for kids, as well as weather, water, earthquake and tsunami information. Free. www.weather.gov/eka. 443-6484 ext. 221.

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

22 Sunday

DANCE

Burgundy Blues. 7-9:30 p.m. The Fuzion, 233 F St., Eureka. A blues/fusion social partner dancing group that meets every Sunday and Tuesday of the month. \$8. burgundybluesdance@gmail.com. www.thefuzion.com.

MOVIES

Ghostbusters (1984). 6 p.m. Arcata Theatre Lounge, 1036 G St. Who you are, in fact, going to call. \$5. www.arcatatheatre.com.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

Song Village. 1-3 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. A monthly informal gathering led by Seabury Gould. Singers are encouraged to bring the songbook *Rise Up Singing*. All ages welcome including families with children. Free. www.seaburygould.com. 845-8167.

THEATER

Avenue Q. 2 p.m. Van Duzer Theatre, Humboldt State University, Arcata. See Oct. 20 listing.

Little Shop of Horrors. 2 p.m. Ferndale Repertory

Theatre, 447 Main St. See Oct. 20 listing.

EVENTS

Fall Harvest Breakfast Celebration. 8 a.m.-noon. Bayside Community Hall, 2297 Jacoby Creek Road. Celebrating 75 years of serving breakfast to the community, this quarter's gourmet breakfast features music by Squeezebug, facepainting, a carve-your-own-pumpkin station, art show, used book sale and more. Bring ID for apple mimosas. \$8, \$5 seniors/kids. bayside-communityhall@gmail.com. www.baysidegrange.org. 822-9998.

Flea Market. Every 13 days, 9 a.m.-3 p.m. Freshwater Community Hall, 49 Grange Road, Eureka. Call Jill 707 601-6274 or visit www.freshwatercommunityguild.org. Free admission. Table rentals \$10. www.freshwatercommunityguild.org.

Home Away from Home Community Potluck. 5-7 p.m. D Street Neighborhood Center, 1301 D St., Arcata. Humboldt State University students are invited to a free meal, free winter clothes, a job and housing board, and a raffle of gift certificates courtesy of local businesses. vcor@alaa.org. 630-5081.

FOR KIDS

Lego Club. 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos and more complex pieces. Free with museum admission. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokémon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

Vegan Potluck and Movie. 12:30-3:30 p.m. Humboldt Area Foundation, 363 Indianola Road, Bayside. Bring your favorite vegan main dish, side, appetizer or dessert and enjoy a screening of *What the Health*. Also bring your own place setting, napkins and bowl for each attendee. Please do not bring anything made with dairy, eggs, gelatin, honey or any animal or animal-derived products. Free, donations appreciated.

GARDEN

Grow Your Own Garden Mushrooms. 1-3 p.m. The Sanctuary, 1301 J St., Arcata. Come learn the skills you need to successfully grow edible mushrooms in your garden. \$50. fungaiafarm@gmail.com. www.fungaiafarm.com/product/garden-mushroom-workshop/. 444-3799.

OUTDOORS

Kayak Tour of Slough. 12:30-3 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Join Friends of the Dunes and the Humboldt Baykeeper on an adventure through the Mad River Slough including safety instructions for inexperienced paddlers, led by Humboldt Baykeeper's Jennifer Kalt. Carpool from the center to the bridge on State Route 255 in Manila by 1 p.m. RSVP by Wednesday, Oct. 18. \$30, \$25 members.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

23 Monday

DANCE

Let's Dance. 7-9:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Let's dance to live music. Tonight dance to Val Leone & His Smooth Jazz Cats. \$5. www.facebook.com/humboldt.grange. 725-5323.

MUSIC

Andrew Bird. 7 p.m. Van Duzer Theatre, Humboldt State University, Arcata. A unique brand of indie-pop using a looping pedal and violin.

Humboldt Harmonaires Weekly Gathering. 7-9:30 p.m. First Congregational United Church of Christ, 900 Hodgson St., Eureka. Sing four-part men's a capella barbershop harmony, no experience needed. All voice levels and ages welcome. Singing from 7 to 9:30 p.m., with snacks and coffee break at 8:20 p.m. Free. singfourpart@gmail.com. 445-3939.

McKinleyville Community Choir Practice. 6:30-8:30 p.m. Grace Good Shepherd Church, 1450 Hiller Road, McKinleyville. Get together with like-minded people who love to make music. All choral voices are welcome with a particular call for male voices. There are opportunities for solos and ensemble groups, along with the full choir. \$50 registration fee w/scholarships available. 839-2276.

FOOD

One-Log Farmers Market. 1-5:30 p.m. One-Log House, 705 U.S. Highway 101, Garberville. On the lawn. 672-5224.

MEETINGS

Humboldt Bay Bicycle Commuters Association. 6 p.m. Carmela's, Arcata, 1288 G St. The meeting starts with an optional dinner. The agenda will be set by attendees.

Continued on next page »



THE CONTEST IS OPEN! ENTER ONLINE NOW!

INTAKE LOCATIONS:

Healing Harvest Farms 54895 HWY 101 Laytonville, CA 95454	SC Labs Santa Ana 1822 Carnegie Ave. Santa Ana, CA 92705
SC Labs Santa Rosa 1066 4th Street, Suite D Santa Rosa, CA 95404	SC Labs Santa Cruz 100 Pioneer Street Suite ESanta Cruz, CA 95060

LAST DAY TO SUBMIT: 11/10/17
FULL-SUN FLOWERS ACCEPTED UNTIL 11/17/17
FOR MORE INFO: THEEMERALDCUP.COM/CONTEST

SATELLITE INTAKE LOCATIONS:

11/2/17: Alpine Alternative Sacramento, CA 95826	11/9/17: Healthy Harvest Hydro San Luis Obispo, Ca 93401
11/3/17: Tahoe Wellness Cooperative South Lake Tahoe, CA 96150	11/10/17: Down to Earth Gardening Solutions Buellton, Ca 93427
11/4/17: Harborside Health Center Oakland, CA 94606	11/12/17: Hitman Coffee Shop Los Angeles, CA 90036
11/5/17: Elemental Wellness Center San Jose, CA 95133	11/14/17: Wonderland Nursery Garberville, Ca 95542
	11/15/17: Satori Wellness McKinleyville, Ca 95519

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Calendar

Continued from previous page

Email or call to add items to the agenda. info@humbike.org. www.carmelasrestaurants.com. 445-1097.

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

24 Tuesday

MOVIES

October Classic Film Series: *Death Takes a Holiday* (1934). 6:30 p.m. Humboldt County Library, 1313 Third St., Eureka. A month of classic movies with a supernatural element (ghosts, witches, etc.), minus the chills. This week's film is hosted by Michael Cooley. Free. www.humlib.org.

FOR KIDS

Arcata Family Resource Center Playgroup. 10 a.m.-noon. Arcata Elementary School, 2400 Baldwin St. Playgroup for children 0-5 and their parents and caregivers. 826-1002.

Halloween Sensory Storytime. 11 a.m.-noon. Arcata Library, 500 Seventh St. Children with special needs and their families are invited to join Librarian Sue for Halloween-themed sensory activities, crafts, songs and more before the library opens. Visual supports presented on a flannel board guide children on how to behave during these activities. For ages 3-9 with a caregiver. Free. 822-5954.

Playgroup. 10-11:30 a.m. Discovery Museum, 612 G St., Eureka. Come to the museum for stories, crafts and snacks. Free for children age 0-5 and their caregivers. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokémon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Oct. 22 listing.

FOOD

Fortuna Farmers Market. 3-6 p.m. Main Street, Fortuna. Locally grown fruits, veggies and garden plants, plus arts and crafts. WIC and Cal Fresh accepted with \$10 bonus match when using EBT card. Free.

Miranda Farmers Market. 2-6 p.m. Miranda Gardens Resort, 6766 Avenue of the Giants. Pick up produce, baked goods, plant starts and more right across from the Miranda Gardens Resort. Free. www.mirandagardens.com/specials.htm.

Old Town Farmers Market. 10 a.m.-1 p.m. Old Town, F Street between First and Third streets, Eureka. Purchase GMO-free produce, humanely raised meats, pastured eggs, plant starts for your garden, flowers and more. Live music every week and CalFresh EBT cards accepted. Free. info@humfarm.org. www.humfarm.org. 441-9999.

Shelter Cove Farmers Market. 11 a.m.-3 p.m. Downtown Shelter Cove, Machi Road. Fresh fruits, vegetables, ornamental trees and plants, plant starts, all with an ocean view. Free. 986-7229.

COMEDY

Savage Henry Comedy Night. 9 p.m. The Jam, 915 H St., Arcata. Local and out of town comedians bring the ha-has. \$5. 822-4766.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw St., Ferndale. Cards and pegs.

Lunch with Laura. 12-2 p.m. NorthCoast Knittery, 320 Second St., Eureka. Bring your favorite fiber craft project (or come find a new one) and a snack or sack lunch. Free. info@northcoastknittery.com. www.northcoastknittery.com. 442-9276.

Vaccinations, Infectious Disease, Sepsis and Free Flu Shots. 5:30-7:30 p.m. Fortuna Riverlodge, 1800 Riverwalk Drive. Join a local infectious disease specialist and other care providers, including sepsis experts, to learn about infectious disease, vaccinations and the immune system. Free flu shots provided to the first 100 people who RSVP. Free. arianne.aryanpur@stjoe.org. 269-4234.

25 Wednesday

MOVIES

Sci-Fi Night ft. *Halloween III - Season of the Witch* (1982). 6 p.m. Arcata Theatre Lounge, 1036 G St. 'Tis the season for slasher movies. Free w/\$5 food/bev purchase. www.arcatatheatre.com.

MUSIC

Injury Reserve. 8 p.m. Mateel Community Center, 59 Rusk Lane, Redway. Hip-hop www.mateel.org.

Nocturnes: *Nightfall Illuminated*. 7-9 p.m. Morris Graves Museum of Art, 636 F St., Eureka. The Trinity Alps Chamber Music Festival presents music of the night, with works by Frederic Chopin and Nikolai Medtner, to Ravel, to modern composers such as Aaron Copland, Karol Szymanowski and John Cage. Free admission. www.trinityalpscmf.org. www.humboldtarts.org. (415) 769-9202.

FOR KIDS

Family Literacy Night. 6:30 p.m. Fortuna Library, 753 14th St. An evening of children's songs and stories from around the globe with singer storyteller Les Glen. Each child in attendance will receive a free book at the end of the entertainment. Free. Also at the Humboldt County Library, 1313 Third St., Eureka. Storyteller Ali Freedlund presents songs and stories centered around animals and the beautiful natural wilderness of the North Coast. Each child in attendance will receive a free book at the end of the presentation. Free. www.humlib.org.

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

Storytime with Ms. Sue. 11-11:30 a.m. Arcata Library, 500 Seventh St. Books galore, friends and more at story time. Free. 822-5954.

FOOD

Plant Based Food on a Budget. 4:30-5:30 p.m. Center Activities, 1 Harpst St., Arcata. Learn how to prep nutritious and budget friendly meals to be ready for your on-the-go lifestyle. Includes live demos, samples and take away recipes. Registration deadline is Monday before the course. \$30, \$25 HSU Students. cntract@humboldt.edu. 826-3357.

HOLIDAY EVENTS

First Covenant Youth Halloween Party. 6 p.m. First Covenant Church Eureka, 2526 J St. Games, food, costumes, costume contest, prizes and candy. Free.

MEETINGS

Deep Sea Level Rise: *When and How Far?* 6:30-8 p.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. Diz Swift speaks about what we know and don't know about sea level rise and its consequences. Free. info@lwhvc.org. www.lwhvc.org. 444-9252.

Health Care for All- Humboldt Chapter meeting. Last Wednesday of every month, 5-6 p.m. Arcata Library, 500 Seventh St. Add your voice to the growing demand for single payer health insurance for California. Learn about

this alternative for health insurance and help to make it happen. (805) 844-6655.

Jacoby Creek Flooding. 5:30-7:30 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Presented by the California Department of Fish and Wildlife. Free. www.baysidegrange.org.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. osslnrcrp@northcoast.com. www.baysidegrange.org. 444-2288.

Trivia Night. 6-8 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Six rounds, five questions, various categories. Witty team names are rewarded. Fun for friends, family, dates, aliens, dinosaurs. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

26 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Oct. 19 listing.

BOOKS

A Novel Idea Library Book Group. 6-7 p.m. Arcata Library, 500 Seventh St. *Homegoing* by Gyaa Yasi is October's featured book. Novel-readers 18 and older read and discuss the featured title. Drop-ins welcome. Free. 822-5954.

DANCE

Thriller Dance Class. 7-9 p.m. Center Activities, 1 Harpst St., Arcata. Learn the dance moves from Michael Jackson's iconic music video. Registration deadline is the preceding Wednesday. \$5, \$4 HSU students. cntract@humboldt.edu. 826-3357.

MUSIC

Laura Cortese and the Dance Cards. 8 p.m. Arcata Playhouse, 1251 Ninth St. Roots, folk from an instrumentalist who's played with Band of Horses, Pete Seeger and Uncle Earl. \$18, \$16.

THEATER

B-The Underwater Bubble Show. 7 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. Using optical illusions, cutting-edge laser technology, snow cannons and, of course, gazillions of bubbles. A highly interactive performance that appeals to all ages.

Good People Preview. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. Facing eviction and scrambling to catch a break, Margie thinks an old fling who's made it out of their Southie neighborhood in Boston might be her ticket to a fresh new start. \$10.

FOR KIDS

Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad Library, 380 Janis Court. See Oct. 19 listing.

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. See Oct. 19 listing.

FOOD

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. See Oct. 19 listing.

Eureka Natural Foods McKinleyville Farmers Market. 3:30-6:30 p.m. Eureka Natural Foods, McKinleyville, 2165

Central Ave. See Oct. 19 listing.

Soroptimist of Arcata Annual Salad Luncheon. 11 a.m.-1:30 p.m. St. Mary's School, 1730 Janes Road, Arcata. Enjoy a luncheon of ham and turkey, an assortment of salads, with rolls and dessert. Beverages included. Take-outs available. Proceeds are used for Soroptimist's community service projects. For more information, call 822-0539 or 832-2066. \$12, \$5 children 6 to 12 years, free for children under 6 years.

HOLIDAY EVENTS

Haunted Kinetic Lab of Horrors. 7 p.m.-midnight. Kinetic Sculpture Lab, Eighth and N streets, Arcata. A nightly scare-fest benefiting the Kinetic Lab. Ages 13 and over recommended. www.kineticsculpturelab.com. 822-4805.

ETC

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. See Oct. 25 listing.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. See Oct. 19 listing.

Sip & Knit. 6-8:30 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Oct. 19 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Oct. 19 listing.

Heads Up ...

Humboldt State University's Humboldt International Film Fest announces the call to entry for local short narrative, documentary, animation and experimental films (1-30 minutes long) made within the past 5 years. Deadline is midnight Feb. 28. Entry fee is \$10 for Humboldt County residents and free for HSU students and alumni. Visit www.hsuilmfestival.com, call 826-4113 or email filmfest@humboldt.edu.

AAUW scholarship applications now available for qualified upper division and graduate level Humboldt State University women re-entry students. Applications available online. Call (415) 517-2813 or email miss.mozzi@gmail.com. Deadline for application and required references is Oct. 31.

The McKinleyville Community Services District announces two alternate member vacancies on the Recreation Advisory Committee. Letters of application may be mailed to the MCSD, Attn: Lesley Frisbee, P.O. Box 2037, McKinleyville, CA 95519. Contact the Parks and Recreation Office at 839-9003.

Arcata Fire District is seeking a community-minded individual to serve on an elected five-person board of directors. Visit www.arcatafire.org to download an application. For more information, call 825-2000.

Interested in volunteering for EPIC? Contact Briana Villalobos, briana@wildcalifornia.org or call 822-7711 to be added to the volunteer list.

Headwaters Fund mini-grants available for projects to promote local economic development. For more information call 476-4809 or visit www.humboldt.gov.org/2193/Mini-Grants.

The Morris Graves Museum of Art seeks volunteer greeters for Friday and Saturday afternoons, noon to 2:30 p.m. and 2:30 to 5 p.m. Contact Museum Programs Manager Janine Murphy at janine@humboldtarts.org or 442-0278, ext. 202.

North Coast Community Garden Collaborative seeks donated garden supplies, monetary donations and/or volunteers. Contact 269-2071 or debbiep@nrsrca.org.

Volunteers needed for the Arcata Marsh Interpretive Center. Call 826-2359 or email amic@cityofarcata.org.

Volunteers wanted for Eureka VA clinic. Call 269-7502.

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Filmland

Stuck with Yourself

Happy Death Day
and *The Foreigner*

By John J. Bennett

filmland@northcoastjournal.com

Reviews

HAPPY DEATH DAY. I was reticent at the prospect of another PG-13 horror movie. More often than not, the tamer rating means the movie has been defanged just enough to sell tickets to unaccompanied minors, which almost inevitably means something of substance has been removed, reinforcing that commerce will always trump art. Or it could be I'm just cynical. But my misgivings were offset by my completely unexpected enjoyment of director Christopher Landon's last project, *Scout's Guide to the Zombie Apocalypse* (2015). Obscured by its intrusive, ill-conceived advertising campaign, *Scout's Guide* retained its R-rating while telling an incisive, funny, succinct story about growing up and growing apart, set against the backdrop of zombies getting splattered. It seems no less surprising now that the movie ever saw the light of day. It must have been more successful than I thought, though: Landon's *Happy Death Day* saw a wide release and keeps earning at the box office. Hopefully he gets to keep working.

On her birthday morning, caustic sorority girl Tree Gelbman (Jessica Rothe) awakens in an unfamiliar dorm room, where abides sweet, well-mannered Carter Davis (Israel Broussard). The night before, she, being forceful and drunk, had convinced him to take her home where he, being deferential and less-drunk, tucked her in to sleep it off, retiring to his roommate's bed for the night. Impatient in the harsh light of day, Tree ransacks the Tylenol and sets out. She has a meeting with her bitchy, superficial sorority sisters to attend, a birthday lunch with her dad to blow off, grief over her mom's death to subvert and an affair with a married professor to carry on. And then, at the end of the day, she will be murdered, only to wake up and live it all again, *ad nauseum*. (Don't worry, *Groundhog Day* gets its requisite name-check). Tree somehow gleans



Coming in with the unsolicited back-up vocals.

Happy Death Day

that she must solve and prevent her own murder in order to escape the time loop and, in the process, learns a lot about who she really is.

While the violence of *Happy Death Day* may play too tame for some, the fact that Landon handles it with such humor and humanity is what really defines the movie. Without being a "message movie," without proselytizing, *Happy Death Day* touches on themes of kindness and compassion, toward oneself and others, all the while playfully and stylishly sending up slasher movies. Like *Scout's Guide*, it combines broad genres with sensitivity and care in a way I've become unaccustomed to seeing; it's nice. PG13. 96M. BROADWAY, FORTUNA, MILL CREEK.

THE FOREIGNER. I knew his name, of course, but I first came to understand the relentless fun and force of Jackie Chan with *Rumble in the Bronx* (1996). The stunt work and fight choreography were so breathlessly compelling that I set aside the threadbare plot and the fact that the boroughs of New York are not actually surrounded by snow-capped peaks (minor stuff, really). Chan's screen-presence, the resourcefulness and imagination of his hand-to-hand combat sequences were like nothing I had ever seen before — revelatory. Ever the boorish authority, I exclaimed to an older classmate the following Monday that it was the greatest action movie I had ever seen. Time and experience haven't been that kind to the Chan canon, much of which suffers for production value and the tendency toward slapstick, but his work as a star, a fight stylist and a stunt player remains indelible.

So the conundrum within *The Foreigner*

(based on a Stephen Leather novel called *The Chinaman*) is this: Chan swallows all of his charisma, his humor and his broad geniality. He trades most of what has made him globally famous for withdrawn, slumping sadness punctuated by violence and we have to decide if it works. On the whole, I'd say yes: The man has lived most of his life on screen and knows how to conduct himself there. And this is probably the most appropriate way to transition into more "serious" roles, underpinned as it is by his trademark fighting. I'm just not sure Jackie Chan can step out of the shadow of Jackie Chan.

In present day London, an unassuming restaurant owner, Quan Ngoc Minh (Chan), drops his teenaged daughter off at a dress shop so she can buy an outfit for the school dance. At the same instant, a rogue IRA operative detonates a bomb outside, killing dozens, Quan's daughter among them. Meanwhile, Deputy Foreign Minister of Northern Ireland Liam Hennessy (Pierce Brosnan) works at brokering pardons for his brothers in arms and an uneasy peace with Britain. Quan — who's had American Special Forces training, worked as an operative in Vietnam, was imprisoned there and later lost his entire family, mostly to violence — identifies Hennessy as a man who can name names. He pursues his quarry relentlessly, eventually exposing the individuals responsible and a potentially destabilizing political controversy.

Directed by Martin Campbell (*Casino Royale*, 2006), *The Foreigner* is a solid, sure-footed enough action picture with a compelling central cast. But the movie loses its way a bit among the thread of its narrative, as Hennessy betrays his wife,

who betrays him and blames him for not being blood thirsty enough. It's too much plot for the script's relatively shallow characterizations to sustain, and I found myself waiting impatiently for the next action sequence. *R. 114M. BROADWAY, MILL CREEK.*

— John J. Bennett

For showtimes, see the Journal's listings at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456; Richards' Goat Miniplex 630-5000.

Previews

BREATHE. Based on the true story of a man with polio (Andrew Garfield) who, with the help of his wife (Claire Foy) and a specially made wheelchair, embarks on a life outside a hospital for himself and others. Get vaccinated, folks. *PG13. 117M. BROADWAY.*

GEOSTORM. Those weather-controlling satellites the guy on the plaza is always talking about finally berserk and attack Earth. Gerard Butler stars and presumably saves the day by tossing rolls of paper towels. *PG13. 96M. BROADWAY, FORTUNA, MILL CREEK.*

GHOSTBUSTERS (1984). The original, starring Bill Murray, Harold Ramis and Dan Aykroyd in a New York real estate nightmare. *PG. 105M. BROADWAY.*

MARSHALL. Chadwick Boseman stars as the first African-American Supreme Court Justice in his younger and evidently badass years, defending a black man (Joseph Spell) accused of raping a white woman (Kate Hudson). *PG13. 118M. BROADWAY.*

ONLY THE BRAVE. More painfully relevant than expected. Josh Brolin and Miles Teller star as members of the real-life firefighting crew the Granite Mountain Hotshots in their battle against a wildfire. *PG13. 133M. BROADWAY.*

TYLER PERRY'S BOO 2: A MADEA HALLOWEEN. Perry pulls the wig back on as the mouthy matriarch in a slasher send-up set at a haunted campground. *PG13. 100M. BROADWAY.*

VICTORIA AND ABDUL. An aging Queen Victoria (Judy Dench) bonds with Indian clerk Abdul Karim (Ali Fazal), who becomes her adviser, tutor and confidante. *PG13. 111M. MILL CREEK, MINOR.*

THE ROCKY HORROR PICTURE SHOW (1975). Do the Time Warp again. *R. 100M. MINOR.*

Continuing

AMERICAN MADE. Tom Cruise and director Doug Liman find their groove in this entertaining true story of a pilot in over his head with cartels and the CIA in the 1980s. Cruise adds self-doubt to his usual

bravado and Sarah Wright and Domhnall Gleeson shine in supporting roles. *R. 115M. BROADWAY, FORTUNA, MILL CREEK, MINOR.*

BATTLE OF THE SEXES. Emma Stone and Steve Carell nail their roles as Billie Jean King and Bobby Riggs in a movie saturated with 1970s color and style. If only King's personal struggles had been presented with the same intensity. *PG13. 112M. BROADWAY, MILL CREEK, MINOR.*

BLADE RUNNER 2049. Director Denis Villeneuve cleaves to the DNA of the original — talky and broody, but gorgeous in its decrepitude, which will surely please hardcore fans more than general audiences. With Ryan Gosling and Harrison Ford. *R. 163M. BROADWAY, FORTUNA, MILL CREEK, MINOR.*

FLATLINERS. Back from the dead, this time with Ellen Page heading up the team of rogue med students killing and resuscitating one another for science and, inadvertently, bad juju. *PG13. 109M. BROADWAY.*

IT. True to the spirit of the Stephen King novel, if not the letter, director Andy Muschietti wrests touching performances from child actors in a horror that blends old-fashioned jump scares with the dramas of early adolescence. And Bill Skarsgård is deeply creepy as Pennywise the Clown. *R. 97M. BROADWAY, FORTUNA, MILL CREEK.*

KINGSMAN: THE GOLDEN CIRCLE. Director Matthew Vaughn's spy comic adaptation sequel is cartoonish, ultra-violent and silly. It's also gorgeously constructed and uniquely entertaining. Starring Taron Egerton, Colin Firth and Julianne Moore. *R. 141M. BROADWAY.*

THE LEGO NINJAGO MOVIE. The sharp little ninja figures you keep stepping on in the living room have an animated movie now. With Jackie Chan and Kumail Nanjiani. *PG. 101M. BROADWAY, FORTUNA.*

THE MOUNTAIN BETWEEN US. Kate Winslet and Idris Elba crash survivors stranded in the wilderness. Smart money says she doesn't push him off a raft like Leo. *PG13. 104M. BROADWAY, MILL CREEK, FORTUNA.*

MY LITTLE PONY: THE MOVIE. Ride-or-die pals Twilight Sparkle, Applejack, Rainbow Dash, Pinkie Pie, Fluttershy and Rarity defend Equestria against a punk who brings dark powers to a magic-of-friendship fight. *PG. 104M. BROADWAY.*

RUMBLE: THE INDIANS WHO ROCKED THE WORLD. Documentary about the unsung role Native musicians have played in shaping American music. *NR. 103M. MINIPLEX.*

WELCOME TO WILLITS. Well, this looks batshit. Pot farmers, alien abductions and Dolph Lundgren in the Willits woods. Expect to see lots of Louisiana and Los Angeles. *PG. 82M. MINIPLEX.*

— Jennifer Fumiko Cahill

Workshops & Classes

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Listings must be paid in advance by check, cash or Visa/MasterCard. Many classes require pre-registration.

Communication

EXCLUSIVE INTERVIEW WITH THE BLACK MAN WHO INFILTRATED THE KKK AT LIFETREE CAFÉ
An exclusive filmed interview with musician and author Daryl Davis will be screened at Lifetree Café on Sunday, October 22 at 7 p.m. During the program titled "The Black and White Truth About Racism: Will We Ever Live in a Colorblind World?" Lifetree Café participants will have the opportunity to discuss their own experiences with prejudice or racism. Free conversation cafe. Location: Campbell Creek Connexion, corner of Union & 13th St., Arcata. A casual hour of conversation and friendship with coffee and snacks. Phone: 707 672 2919. (S-1019)

Dance/Music/Theater/Film

ELECTRIC GUITAR MAKING COURSE Time: Nov. 11th, 18th 25th & Dec. 2nd, 10:00 AM-4:00PM
Cost: \$1250 (Includes Parts and Materials)
Location: M. Walker Guitars 550 South G, Arcata (912) 658-5507 walkeruitarcompany@gmail.com

FALL INTO A NEW HABIT, MEET NEW PEOPLE, AND HAVE FUN DOING IT WITH DANCE WITH DEBBIE'S BEGINNING SOCIAL DANCE CLASS on Wednesday's 6:00-7:00 p.m. Each month learn an easy and useful style of social dance. Already have experience, but want to expand your skills? Check out our Intermediate class. More info at: dancewithdebbie.biz/calendar. 707-464-3638 (D-0831)

IMPROV COMBO MUSIC — CR Garberville Tuesdays Oct 24 - Dec 12, 2017 5-7pm \$80 Frances Vanek will give students the opportunity to play in a structured small combo and provide ensemble performance and improvised solos. An open recital can be given on the last class. Rhythm section players as well as those who took the improv class are encouraged to enroll. Bring your favorite instrument. Must have rhythm section players (piano or guitar, bass, drums) to conduct this class. Call College of the Redwoods Community Education at 707-476-4500 for more information! (M-1019)

REDWOOD RAKS WORLD DANCE STUDIO, OLD CREAMERY IN ARCATA. Belly Dance, Swing, Tango, Hip Hop, Zumba, African, Samba, Capoeira and more for all ages. (707) 616-6876 www.redwoodraks.com (DMT-1005)

STEEL DRUM CLASSES. Weekly Beginning Class: Fri's. 10:30a.m.-11:30a.m., Level 2 Beginners Class Fri's. 11:30a.m.-12:30 p.m. New Classes starting October 23. Youth classes Mon's 4:30-5:30. Beginners Fri's 5:45-6:45. Pan Arts Network 1049 Samoa Blvd. Suite C (707) 407-8998. panartsnetwork.com (DMT-1026)

GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707)845-8167. (DMT-1005)

Fitness

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-1130)

NORTHCOAST AIKIDO Come try this nonviolent yet powerful martial art with its roots in traditional Japanese budo. The focus is on personal growth and pursuit of deeper truth rather than competition and fighting. Adult class every weeknight starting at 6pm. Kids classes offered too! See our website for details. www.northcoastaikido.org

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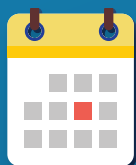
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BALANCE & FALL PREVENTION EXERCISES WITH JUSTUS ORTEGA. Join members of the HSU Biomechanics Lab for a personalized balance and fall risk assessment. Get strategies for improving your stability and reducing the risk of falls. Thurs., Oct. 26 & Nov. 2, 11:30 a.m.-1:30 p.m. OLLI Members \$45. Sign up today! 826-5880 or www.humboldt.edu/olli (O-1019)

FILM SCREENING & DISCUSSION: DON'T LOOK NOW WITH MICHAEL COOLEY. This smart, artsy, psychological thriller stars Donald Sutherland and Julie Christie. Tues., Oct. 31, 6-9 p.m. OLLI Members \$15. Sign up today! 826-5880 or www.humboldt.edu/olli (O-1019)

FILM SCREENING & DISCUSSION: TARGETS WITH MICHAEL COOLEY. This campy, B-grade, thriller stars Boris Karloff as an over-the-hill horror movie star who finds himself in the sights of a serial killer. Oct. 30, 6-9 p.m. OLLI Members \$15. Sign up today! 826-5880 or www.humboldt.edu/olli (O-1019)

MUSIC... & THE STORIES OF OUR LIVES WITH TRACEY BARNES PRIESTLEY. Using music and written prompts, explore memories as meaningful life stories, which can be shared at a family reunion, with grandkids, at social gatherings, or on stage. Thurs., Oct. 26-Nov. 9, 10 a.m.-noon. OLLI Members \$50. Sign up today! 826-5880 or www.humboldt.edu/olli (O-1019)

RECONNOITERING REDWOOD CREEK WITH JERRY & GISELA ROHDE. Discover sights and events from the creek's mouth to its headwaters. Learn about the Yurok and Whilkut Indians, the ranches and pack train trails, and park preservation. Sat., Oct. 28, 1-3:30 p.m. OLLI Members \$30. Sign up today! 826-5880 or www.humboldt.edu/olli (O-1019)

THE POWER OF THE GREAT BROADWAY MUSICAL SHOWSTOPPER! with Laura Hennings. Explore the history, lyrics, and show plots of many of Broadway's most successful musicals. Wed., Oct. 25-Nov. 8, 2-4 p.m. OLLI Members \$60. Sign up today! 826-5880 or www.humboldt.edu/olli (O-1019)

Spiritual

ARCATA ZEN GROUP MEDITATION. Beginners welcome. ARCATA: Sunday 7:55 a.m. at Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. EUREKA: Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more information call 826-1701 or visit arcatazengroup.org. (S-0111)

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m., Community Yoga Center 890 G St., Arcata. Contact Lama Nyugu (707) 442-7068. Fierro_roman@yahoo.com. www.kdkarcatagroup.org (S-1005)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. www.tarotofbecoming.com (707) 442-4240 carolyn@tarotofbecoming.com (S-1102)

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SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0629)

Vocational

BEGINNING WORD October 30 - November 8, 2017 MW 4-7pm This course provides the basic, hands-on instruction needed to work with Microsoft Word 2013 while gaining an understanding of why the program is so useful to the business world. Call College of the Redwoods Community Education at 707-476-4500 for more information! (V-1019)

EMT REFRESHER FOR PREVIOUSLY CERTIFIED EMT'S November 14 - 21, 2017 Students must attend all four sessions. This North Coast EMS-approved course meets state requirements for EMT refresher training, including Skills Competency Verification. This class is located at 7351 Tompkins Hill Road Eureka, call College of the Redwoods Community Education at 707-476-4500 for more information! (V-1019)

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FREE ENGLISH AS A SECOND LANGUAGE (ESL) CLASSES Call College of the Redwoods Adult Education at 707 476-4520 for more information. (V-1109)

FREE LIVING SKILLS CLASSES FOR ADULTS WITH DISABILITIES Call College of the Redwoods Adult Education at 707 476-4520 for more information. (V-0928)

INTERMEDIATE WORD November 27 - December 6, 2017 MW 4-7pm This comprehensive course provides the intermediate level and hands-on instruction needed to work with Microsoft Word 2013 while gaining further understanding of why and how the program is so useful in the home and business environment. Call College of the Redwoods Community Education at 707-476-4500 for more information! (V-1019)

NOTARY AND LOAN SIGNING CLASSES! October 23 & 24, 2017 Masters Notary Academy shall present the approved Notary Public course for the State of California. Then, compliment your Notary License by becoming a Loan Signing Specialist. Call College of the Redwoods Community Education at 707-476-4500 for more information! (V-1019)

TRUCK DRIVING REFRESHER COURSE. 5 and 10 hour available! Students are eligible to attend refresher if they have attended a truck driving program or have previously had a CDL. Call College of the Redwoods Community Education at 707-476-4500 for more information! (V-1019)

Wellness & Bodywork

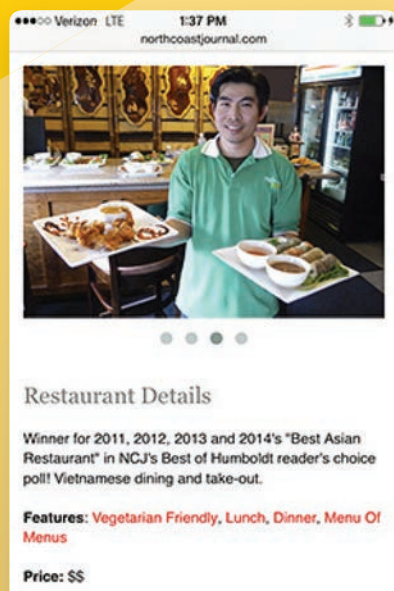
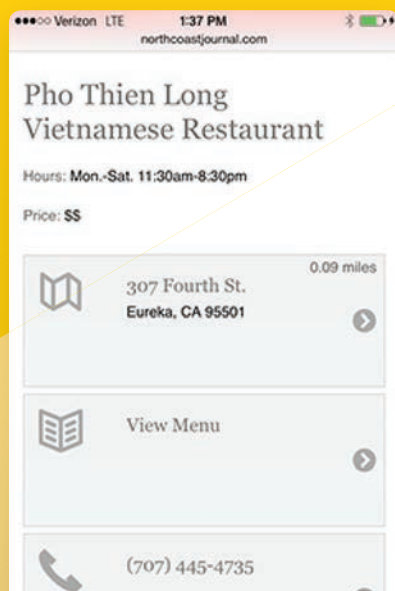
DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Festival of Herbs. December 2017 - April 2018. Meets the 1st weekend of the month for intermediate to advanced herb students and health care practitioners. Learn from renowned herbalists: Rosemary Gladstar, Kat Harrison, Pam Montgomery and more! Ethnobotanical Journey to Hawaii. Jan 13-22, 2018, Join Jane and Co. for an unforgettable journey to the Big Island. Along with ethnobotanical adventures, herbal spa days and meeting Native healers, enjoy a Kava ceremony and other cultural activities, lush beaches, lots of hikes, yoga and more! Herbal & Traditional Healing in Greece with Thea Parikos. May 4 - 14, 2018. Discover the beauty, aromas, traditional and modern uses of many medicinal plants on this amazing journey of learning to the Aegean island of Ikaria! Register online www.dandelionherb.com or call (707) 442-8157. (W-1026)



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NOTICE OF APPOINTMENT OF POLLING PLACES
FOR THE CONSOLIDATED DISTRICTS ELECTION TUESDAY, NOVEMBER 7, 2017

NOTICE IS HEREBY GIVEN that the following places have been designated as polling facilities, pursuant to Section 12105 of the California Elections Code.

Look for the "Accessible Sample Ballot" link on the Humboldt County Office of Elections' Sample Ballot Options web page at <http://www.humboldt.gov.org/1299/Sample-Ballot-Options>. This resource allows you to view your sample ballot, sample ballot book, and verify your precinct and polling location.

POLLING PLACE NAME & ADDRESS	CONSOLIDATED NAME	HOME PRECINCT NAMES
Blue Lake Elementary School Library 631 Greenwood Ave, Blue Lake	5BLF	5AS-9, 5BLF, 5BLF-1, 5BLF-2, 5BLF-3, 5BLFS, 5BLFS-1
Calvary Lutheran Church Fireside Room 716 South Ave, Eureka (Prospect St entrance)	4E-52	4E-52, 4E-53, 4E-54
Cuddeback School, Healthy Start Bldg 300 Wilder Rd, Carlotta	2CU	2CU, 2CUS
Cutten School Multipurpose Room 4182 Walnut Dr, Cutten	1CS-1	1CS-1
First Covenant Church Fellowship Hall 2500 J Street, Eureka	1E-36	1E-36, 1E-41, 1E-42, 1E-43, 1E-44
Fortuna City Hall Conference Room 621 11th St, Fortuna	2F-2	2F-1, 2F-2, 2F-4, 2F-5, 2F-6
Fortuna Volunteer Fire Dept 320 S Fortuna Blvd, Fortuna	2F-3	2F-3
Fortuna Volunteer Fire Dept 320 S Fortuna Blvd, Fortuna	2F-R1	2F-3A, 2F-R1
Fortuna Volunteer Fire Dept 320 S Fortuna Blvd, Fortuna	2RV-1	2FS-3, 2RV-1
Grace Baptist Church 220 Buhne St, Eureka	1E-55	1E-55, 1E-56, 1E-57, 1E-58, 1E-59
Grant School Cafeteria 3901 G St, Eureka	1E-45	1E-45
Grant School Cafeteria 3901 G St, Eureka	1ES-1	1ES-1, 1ES-2
Humboldt County Fairgrounds Red Barn 1250 5th St, Ferndale	1F-1	1F-1
Humboldt County Fairgrounds Red Barn 1250 5th St, Ferndale	1FSF	1FS-2, 1FSF, 1FSF-1, 1FSL
Hydesville Fire Station 3495 Hwy 36, Hydesville	2HV-1	2HV-1, 2HV-2, 2HVF, 2HVV
Loleta Fire Station Meeting Room 567 Park Ave, Loleta	1LU	1LU, 1LUR, 1LUS, 1LUS-1
Monument Middle School Multipurpose Room 95 Center St, Rio Dell	2R-1	2R-1, 2R-2
Pine Hill School Library 5230 Vance Ave, Eureka	1SB-1	1SB-1, 1SB-2, 1SB-3
Ridgewood School The Commons 2060 Ridgewood Dr, Cutten	1CS-4	1CS-4
Scotia Fire Hall 145 Main St, Scotia	1SU	1RD, 1RDF, 1SCD, 1SU
Skinner Store 111 Greenwood Ave, Blue Lake	3B-1	3B-1
South Bay School Library 6077 Loma Ave, Eureka	1SB-4	1SB-4, 1SB-5, 1SB-6, 1SB-8, 1SB-9, 1SB10
Toddy Thomas Middle School Cafeteria 2800 Thomas St, Fortuna	2F-R3	2F-R2, 2F-R3
Toddy Thomas Middle School Cafeteria 2800 Thomas St, Fortuna	2F-R4	2F-R4, 2F-R5
Zoe Barnum High School (Lincoln Site) Room 11 216 W Harris St, Eureka	4E-15	4E-15, 4E-51A

VOTE BY MAIL RETURN BALLOT BY 8PM ELECTION DAY

CONS. NAME	HOME PRECINCT NAMES	CONS. NAME	HOME PRECINCT NAMES	CONS. NAME	HOME PRECINCT NAMES
1F-7	1F-7, 1F-8	1MU	1MU, 1MUVF	2SHR2	2SHR2
1FS	1FS	1MUF	1MUF	3BLF	3AS-8, 3AS-9, 3AS10, 3AS11, 3BLF, 3BLFS
1FS-1	1FB-1, 1FS-1, 1FSL2	1RV-2	1RV-2, 1RV-3	4PEF	4PEF
1FS-4	1FS-3, 1FS-4, 1FS-5, 1FS-6, 1FS-7, 1FS-8	1SB12	1SB-7, 1SB-7A, 1SB11, 1SB11A, 1SB12, 1SB13	5KT-2	5KT-2
1FS-9	1FS-9	1SB14	1SB-8A, 1SB14, 1SB15, 1SB15-1, 1SB17		
1LU-1	1LU-1	2SHR1	2SHR1		

DATED: September 25, 2017. Kelly Sanders, Registrar of Voters, by Lucinda Jackson, Deputy

Legal Notices

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
EMILY GENIECE GILDESGARD
CASE NO. PR170288

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, EMILY GENIECE GILDESGARD, GENIECE GILDESGARD, and GENIECE GILDESGARD WILLIAMS A PETITION FOR PROBATE has been filed by Petitioner, KATHLEEN CASSIDY

In the Superior Court of California, County of Humboldt. The petition for probate requests that KATHLEEN CASSIDY be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on October 26, 2017 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 4. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section

1250. A Request for Special Notice form is available from the court clerk. ATTORNEY FOR PETITIONER: Daniel E. Cooper (State Bar #160440) Morrison, Morrison & Cooper 1437 Third Street Eureka, CA 95501 (707) 443-8011 Filed: October 4, 2017 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

10/12, 10/19, 10/26 (17-224)

NOTICE OF SALE
PUBLIC AUCTION

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700 -21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the Civil Code. The undersigned will sell at a public auction by competitive bidding on the 27th of October 2017, at noon, on the premises where said property has been stored and which are located at South Bay Mini-Storage, 2031 Eich Road, Eureka, County of Humboldt, State of California, as follows. Items to be sold include but are not limited to the following:

Unit#262 Ruth A Settle - misc totes and bags, chair, mattress
Unit#344 Taron Bilzing - barbell, gun cases, misc household items
Unit#431 Taron Bilzing - weights, gun cases, misc household items
Unit#444 Farrah A Diaz - stroller, body board, misc boxes
Unit#456 Benjamin E Dimmick - misc bag
Unit#521 Kia J Biddle - grow bags, wood stove, carbon filter, tires and rims
Unit#633 Linda J Collins - chainsaw, dog crate, rubber raft, household items
Unit#703 Jeffery A Emery - speakers, paintings, heater, kids scooter
Unit#727 Arther Barley - rocking horse, wine rack, misc boxes
Unit#744 Tia M Thrush - fishing poles, battery, misc furniture
Unit#753 Allison M Priovolos - misc bags
Unit#855 Patrick W Beall - guitar, suitcase, power tool

Purchases must be paid for at the time of purchase in cash only. All purchased items are sold "as is" and must be removed from the premises within 24 hours. Sale subject to cancellation in the event of a settlement between owner and obligated party. Bring a flashlight and padlock(s) Dated this 12th day of October and 19th day of October 2017. CA BOND NO. 0336118

(17-225)

PUBLIC NOTICE

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien on said property pursuant to sections 21700-21716 of

Continued on next page »

the Business and Professions Code, section 2328 of the UCC section 535 of the Penal Code and provisions of the Civil Code. The undersigned will sell at public sale by competitive bidding on the 21st day of October, 2017 at 10:00 AM on the premises where the said property has been stored and which is located at Mad River Storage Center, 1400 Glendale Drive, McKinleyville, CA county of Humboldt the following:

#54 Deana Russell
#126 Michelle Beard
#214 Marvin Burton
#246 Kelsie Ellis
#259 Eric Sayers
#304 Kyle Jensen
#306 Andrew Lively
#311 Dustin Barba

Purchases must be paid for at the time of sale in cash only. Anyone interested in attending the auction must sign in prior to 10:00 AM on the day of the auction, no exceptions. All purchase items sold as-is, where is, and must be removed at the time of sale. Sale is subject to cancellation in the event of settlement between the owner and the obligated party. Auctioneer: David Johnson, bond #9044453 Dated this 12th day of October and 19th day of October, 2017

10/12, 10/19 (17-223)

PUBLIC SALE

NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700 -21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the civil Code.

The undersigned will sell at public sale by competitive bidding on the 25th of October, 2017, at 9:00 AM, on the premises where said property has been stored and which are located at Rainbow Self Storage.

The following spaces are located at 4055 Broadway Eureka, CA, County of Humboldt.

Amber Friend, Space # 5116
Keith Greb, Space # 5265
Jana Rainwater, Space # 5296

The following spaces are located at 639 W. Clark Street Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Carol Martinez, Space # 2016
Mark Andersen, Space # 2703

The following spaces are located at 3618 Jacobs Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Linda Stewart, Space # 1112
William David Leroy, Space # 1193
Thomas Johnston, Space # 1314 (Held

LEGALS? **442-1400 x305** **classified@north** **coastjournal.com**

County Public Notices
 Fictitious Business
 Petition to
 Administer Estate
 Trustee Sale
 Other Public Notices

NOTICE INVITING BIDS

1. Notice is hereby given that the Governing Board of the Blue Lake School District ("District"), of the County of Humboldt, State of California, will receive sealed bids for the Interior and Exterior Lighting Retrofit Project ("Project") up to, but not later than, 3:00 p.m., on Wednesday, November 8, 2017, and will thereafter publicly open and read aloud the bids. All bids shall be received at the office of the Greenway Partners, located at 1385 8th Street, Suite 201, in Arcata, California 95521.

2. Each bid shall be completed on the Bid Proposal Form included in the Contract Documents, and must conform and be fully responsive to this invitation, the plans and specifications and all other Contract Documents. Copies of the Contract Documents are available for examination at the office of the Blue Lake School District, County of Humboldt, California, and may be obtained by licensed contractors for free. Electronic copies of the Contract Documents can also be obtained from the Humboldt Builders Exchange (<http://www.humbx.com/>) or by emailing the Project Engineer (Nathan Sanger at sanger@greenwaypartners.net).

3. Each bid shall be accompanied by cash, a cashier's or certified check, or a bidder's bond executed by a surety licensed to do business in the State of California as a surety, made payable to the District, in an amount not less than ten percent (10%) of the maximum amount of the bid. The check or bid bond shall be given as a guarantee that the bidder to whom the contract is awarded will execute the Contract Documents and will provide the required payment and performance bonds and insurance certificates within ten (10) days after the notification of the award of the Contract.

4. The successful bidder shall comply with the provisions of the Labor Code pertaining to payment of the generally prevailing rate of wages and apprenticeships or other training programs. The Department of Industrial Relations has made available the general prevailing rate of per diem wages in the locality in which the work is to be performed for each craft, classification or type of worker needed to execute the Contract, including employer payments for health and welfare, pension, vacation, apprenticeship and similar purposes. Copies of these prevailing rates are available to any interested party upon request and are online at <http://www.dir.ca.gov/DLSR>. The Contractor and all Subcontractors shall pay not less than the specified rates to all workers employed by them in the execution of the Contract. It is the Contractor's responsibility to determine any rate change.

5. The schedule of per diem wages is based upon a working day of eight hours. The rate for holiday and overtime work shall be at least time and one half.

6. The substitution of appropriate securities in lieu of retention amounts from progress payments in accordance with Public Contract Code §22300 is permitted.

7. Pursuant to Public Contract Code §4104, each bid shall include the name and location of the place of business of each subcontractor who shall perform work or service or fabricate or install work for the contractor in excess of one-half of one percent (1/2 of 1%) of the bid price. The bid shall describe the type of the work to be performed by each listed subcontractor.

8. Minority, women, and disabled veteran contractors are encouraged to submit bids. This bid is not subject to Disabled Veteran Business Enterprise requirements.

9. The project is subject to compliance monitoring and enforcement by the California Department of Industrial Relations. In accordance with SB 854, all bidders, contractors and subcontractors working at the site shall be duly registered with the Department of Industrial Relations at time of bid opening and at all relevant times. Proof of registration shall be provided as to all such contractors prior to the commencement of any work.

10. Each bidder shall possess at the time the bid is awarded the following classification(s) of California State Contractor's license: Class C-10 (California Electrical Contractor).

11. A non-mandatory bidders' conference will be held at 3:00 pm on Thursday, October 26, 2017, for the purpose of acquainting all prospective bidders with the Contract Documents and the Project site.

in Co. Unit)
 John Hammond, Space # 1360
 Heather Crosswhite, Space # 1364
 Lynette Vera, Space # 1398
 Anthony Burgess, Space # 1597
 Diana Edwards, Space # 1752
 Nichole Ferrel, Space # 1763 (Held in Co. Unit)
 Joseph Gilliard, Space # 1765
 Hayley Cole, Space # 1777
 Daniel Lucas, Space # 1788

The following spaces are located at 105 Indianola Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Ian Richardson, Space # 278
 Brandie Dethman, Space # 317
 Kyrie Conzet, Space # 556
 Crystal McCovey, Space #594
 Andrew Bartley, Space # 762

The following spaces are located at 940 G Street Arcata CA, County of Humboldt and will be sold immediately following the sale of the above units.

Items to be sold include, but are not limited to:
 Household furniture, office equipment, household appliances, exercise equipment, TVs, VCR, microwave, bikes, books, misc. tools, misc. camping equipment, misc. stereo equip. misc. yard tools, misc. sports equipment, misc. kids toys, misc. fishing gear, misc. computer components, and misc. boxes and bags contents unknown. Purchases must be paid for at the time of the sale in cash only. Anyone interested in attending the auction must sign in at 4055 Broadway Eureka CA, prior to 9:00 A.M. on the day of the auction, no exceptions. All purchase items sold as is, where is and must be removed at time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. Auctioneer: Kim Santsche, Employee for Rainbow Self-Storage, 707-443-1451, Bond # 40083246.

Dated this 12th day of October, 2017 and 19th day of October, 2017

(17-226)

SUMMONS (Citation Judicial) **CASE NUMBER: DR170459**

NOTICE TO Defendant:
Nicholas J Bailey Does 1 To 10
You are being sued by Plaintiff: Statewide Collection, Inc.
 Notice: You have been sued. The court may decide against you without you being heard unless you respond within 30 days. Read the information below. You have 30 calendar days after this Summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use

for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for free waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/self-help), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the court is: Superior Court of California, County of Humboldt 825 Fifth Street Eureka, CA 95501 The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: Troy M Wilkinson Attorney & Counselor at Law 589 East Ave. Chico, CA 95926 EurekaCollectionBureau.com (530) 342-6142 Date: July 21, 2017 clerk, by Kim M. Bartleson/John B., Deputy

10/5, 10/12, 10/18, 10/26 (17-222)

FICTITIOUS BUSINESS NAME **STATEMENT 17-00534**

The following person is doing Business as
HOUSE OF NICE

Humboldt
 712 5th Street
 Eureka, CA 95501
 424 L Street #21
 Eureka, CA 95501

Caroline C Griffith
424 L Street #21
Eureka, CA 95501
Rachel M Griffith
2736 California Street
Eureka, CA 95501

The business is conducted by A General Partnership. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to

Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Caroline Griffith, Co-Owner This statement was filed with the County Clerk of Humboldt County on October 5, 2017 KELLY E. SANDERS by kl, Humboldt County Clerk

10/12, 10/19, 10/26, 11/2 (17-229)

FICTITIOUS BUSINESS NAME **STATEMENT 17-00481**

The following person is doing Business as
ONE BRICK STUDIOS

Humboldt
 4672 Union Street
 Eureka, CA 95503

Nathan A Wells
4672 Union Street
Eureka, CA 95503

The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Nathan Wells, Owner This statement was filed with the County Clerk of Humboldt County on September 6, 2017 KELLY E. SANDERS by sc, Humboldt County Clerk

9/28, 10/5, 10/12, 10/18 (17-217)

FICTITIOUS BUSINESS NAME **STATEMENT 17-00517**

The following person is doing Business as
WEST COAST MOBILE HOME PARK

Humboldt
 72 West Coast Drive
 Redway, CA 95560
 708 Gravenstein Hwy N #242
 Sebastapol, CA 95472

Paul S Foley
708 Gravenstein Hwy #242
Sebastapol, CA 95472

The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Paul S Foley, Owner This statement was filed with the County Clerk of Humboldt County on September 26, 2017 KELLY E. SANDERS by sc, Humboldt County Clerk

10/5, 10/12, 10/19, 10/26 (17-220)

FICTITIOUS BUSINESS NAME **STATEMENT 17-00530**

The following person is doing Business as
TWISTED SISTER - ELEMENTAL DESIGNS

Humboldt
 4207 Little Fairfield St
 Eureka, CA 95503

Wendy L. Hendrickson
4207 Little Fairfield St
Eureka, CA 95503

The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Wendy L. Hendrickson, Owner This statement was filed with the County Clerk of Humboldt County on October 4, 2017 KELLY E. SANDERS by sc, Humboldt County Clerk

10/19, 10/26, 11/2, 11/9 (17-233)

NCJ
DAILY

No longer just a weekly, the *Journal* covers the news as it happens, with depth and context readers won't find anywhere else.



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/NCJDaily

**FICTITIOUS BUSINESS NAME
STATEMENT 17-00537**

The following person is doing Business as
APEX PROPERTY MANAGEMENT
Humboldt
927 Main St.
Fortuna, CA 95540

Apex Real Estate, Inc.
CA 2857943
927 Main St.
Fortuna, CA 95540

The business is conducted by A Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Denise S. Del Monte, CEO
This statement was filed with the County Clerk of Humboldt County on October 5, 2017
KELLY E. SANDERS
by sc, Humboldt County Clerk

10/12, 10/19, 10/26, 11/2 (17-228)

**FICTITIOUS BUSINESS NAME
STATEMENT 17-00544**

The following person is doing Business as
NORTHERN ROOTS

Humboldt
800 Crescent Way #C
Arcata, CA 95521

Amanda M Norton
800 Crescent Way #C
Arcata, CA 95521

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Amanda Norton, Owner
This statement was filed with the County Clerk of Humboldt County on October 12, 2017
KELLY E. SANDERS
by sc, Humboldt County Clerk

10/19, 10/26, 11/2, 11/9 (17-232)

**FICTITIOUS BUSINESS NAME
STATEMENT 17-00547**

The following person is doing Business as
Stepping Stones Daycare

Humboldt
1801 Carson St.
Eureka, CA 95501

Dave C Davison
1801 Carson St
Eureka, CA 95501
Anna M Davison
1801 Carson St
Eureka, CA 95501

The business is conducted by A Married Couple.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Dave Davison, Owner
This statement was filed with the County Clerk of Humboldt County on October 12, 2017
KELLY E. SANDERS
by sc, Humboldt County Clerk

10/19, 10/26, 11/2, 11/9 (17-231)

**FICTITIOUS BUSINESS NAME
STATEMENT 17-00551**

The following person is doing Business as
THE CANNAZINE

Humboldt
649 Redmond Road
Eureka, CA 95503

SPC Media, LLC
California 201726410153
649 Redmond Road
Eureka, CA 95503

The business is conducted by A Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Max Petras, Member/Manager
This statement was filed with the County Clerk of Humboldt County on October 16, 2017
KELLY E. SANDERS
by sc, Humboldt County Clerk

10/19, 10/26, 11/2, 11/9 (17-230)

LEGALS?
442-1400 x305

Washed Up



The sparkly guts of a robust clubhook squid at Cape Mendocino. Photo by Mike Kelly

Squid Pro Quo

What big eyes and big beaks they have

By Mike Kelly

washedup@northcoastjournal.com

First, I'll answer a reader's question about the giant salp from last time: Does it ever get eaten?
I answered, "Yes. Everything gets eaten — even you, eventually." However, I only said that because I'm afraid to say, "I don't know." So, I checked the internet. I quickly found a fish called the warty oreo (*Alloctytus verrucosus*), which is known to eat salps. But I stopped searching, sensing I might find porn I would not be comfortable with.

California market squid

So anyway, it's California market squid (*Doryteuthis opalescens*) season in Northern California. You may find squid eggs washed up any day now. Look for bundles of translucent finger-like egg casings. Inside are a bunch of eggs and, if they aren't desiccated in a sad little mass death, there may be tiny viable squid larvae inside.

If you have a lab to bring them to, you may get to see some hatch. The hatchlings zip around squirting ink and looking cute in their colorful polka dots. Unfortunately, they don't survive in captivity. So when you see some stranded eggs, throw them back into the ocean if it makes you feel better.

In 2014, zillions of these squid, which are fished commercially south of San Francisco, made it to waters off Humboldt County. The Monterey squid fleet chased them here and spent several days scooping them up near the mouth of the Mad River. Supposedly, 90 percent of the calamari served in the world's restaurants is this species. It's also the species you get at the bait shop.

Robust clubhook squid

Onykia robusta is robust and has hooks on the clubs at the end of its two feeding tentacles, hence its clumsily good common name. It is also relatively giant — supposedly the fourth largest squid — but not the same species as the giant squid (*Architeuthis*).

I once found a full-grown fresh one on the beach near Cape Mendocino. I thought, "I bet Humboldt State University Marine Lab staff would love to examine this specimen." But it would have been too difficult to carry off the beach. And delivering it to the lab would make a smelly mess in my car. Instead, I did what any biologist would do — I dissected it.

The innards were cool. The gills had golden sparkles. The pen, a semi-rigid structure that provides internal support in squids, was about 3 feet long. I took the pen home to preserve it, but my dog ate it. I did get a souvenir beak out of the squid, though. And the 4-inch-diameter eye was the most beautiful blue. Seriously, if even one of your eyes were this big and blue, you'd be even more gorgeous than you already are.

Humboldt squid

This squid, also called *Dosidicus gigas*, jumbo squid and red devil, wasn't named after Humboldt County. It was supposedly named after the Humboldt Current, which is a Pacific current off South America that was also named after explorer Alexander von Humboldt. That guy never came here but the squid occasionally does, and sometimes washes up. I've found them in July, September and December, so you may get a lovely beach surprise at any time.

They have a reputation for eating anything and everything, including each other and us. Because deep in our psyches we all need to believe that a Humboldt squid might eat us, I won't fight that rumor. I would be afraid of diving with them at night but I'd still have to do it, given the opportunity. Only in a full heavy wetsuit, though — definitely not naked. Look closely at your naked self in a full-length mirror and then look at the beak of a Humboldt squid. Now look back at yourself and count the bits you could lose. Full wetsuit. ●



We Print Obituaries

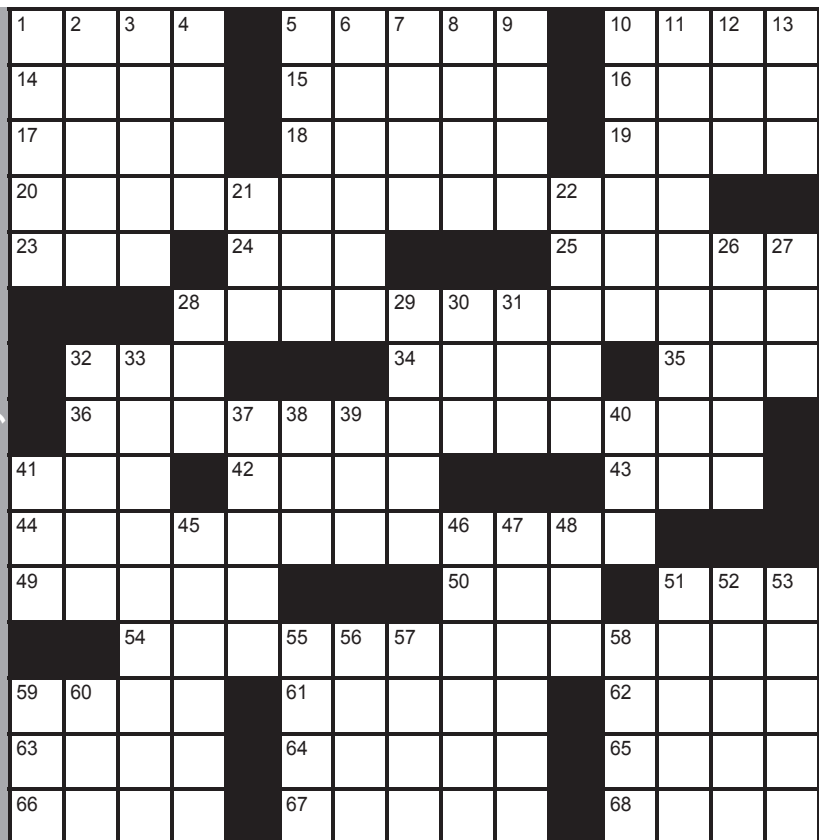
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Please submit photos in JPG or PDF format, or original photos can be scanned at our office.

The *North Coast Journal* prints each Thursday, 52 times a year. Deadline for obituary information is at 5 p.m. on the Sunday prior to publication date.

North Coast
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of Politics, People and Art

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STAMEN

ANSWERS NEXT WEEK!

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ACROSS

1. One calling the shots
5. Louvre pyramid architect
10. "No need to wake me!"
14. A penny is a small one
15. Erin of "Happy Days"
16. Break
17. Figure in academia
18. Of _____ (somewhat)
19. 1960s civil rights leader _____ Brown
20. St _____
23. "Treasure Island" monogram
24. Italy's equivalent of the BBC
25. "_____ your style"
28. Fl _____ co
32. Pro
34. Auditor's hope
35. Loki or Thor

36. R _____

41. Notorious 2008 bailout recipient, for short
42. "_____ saw Elba"
43. Question
44. L _____ t
49. Cuisinart setting
50. Female in a pasture
51. HBO competitor
54. "Who agrees with me?" (or this crossword solver's cry while deciphering the clues for 20-, 28-, 36- and 44-Across)
59. Cumming of "The Good Wife"
61. Determined to do
62. Dive shop rentals
63. Sushi bar soup
64. Haughty
65. French I verb
66. Rounded hammer end

67. Gossipmonger

68. Tiny amount

DOWN

1. Negative attention from the press, briefly
2. He's @SHAQ on Twitter
3. There are five on China's flag
4. Transmitted
5. "Your work is wonderful"
6. Tile art
7. Grad student's mentor
8. Rank below marquis
9. Fascinated by
10. Aid after a computer crash, say
11. "They say _____ are made in heaven. But so is thunder and lightning": Clint Eastwood

12. Actress Thurman
13. Oomph
21. British singer/actress Rita
22. Smartened (up)
26. Mall stand
27. Squash or squelch
28. _____ Plaines, Illinois
29. Singer of a famous bath time song
30. Tic-tac-toe winner
31. _____ Rida ("My House" rapper)
32. "Goodbye, mon ami!"
33. Cuban's home?
37. Hunt in Hollywood
38. Suffix with deposit
39. "Oh, _____ cryin' out loud!"
40. Back muscle, informally
41. Artist Jean who pioneered in Dadaism
45. Use for support

46. 2017 Jordan Peele horror film
47. Where primatologist Dian Fossey worked
48. It was a dark period for Poe
51. Most common surname in the U.S. in 1990, 2000 and 2010, according to the U.S. Census
52. Painter Matisse
53. Start
55. Kids' road trip game
56. Richard of "American Gigolo"
57. George Orwell's alma mater
58. Some
59. Crank (up)
60. Fib

LAST WEEK'S ANSWERS TO SPANISH

I	V	E	S	E	S	L	G	M	C	O	R	P
M	A	C	E	G	A	I	A	I	R	I	E	R
O	D	O	M	G	R	E	R	K	E	L	L	Y
F	E	L	I	Z	N	A	V	I	D	A	D	
F	R	I	E	O	N	G	E	D	G	S	T	
	A	V	G	S	E	N	O	R	I	T	A	
S	P	A	G	O	M	A	T	E	A	J	A	R
L	I	V	I	N	L	A	V	I	D	A	L	O
O	D	O	R	A	N	E	T	R	E	E	K	S
B	A	I	L	A	M	O	S	L	O	S		
S	Y	D	V	E	L	M	O	N	E	M	T	
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su | do | ku © Puzzles by Pappocom HARD #82

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			6	2			
				1	8		7

www.sudoku.com

Employment

Opportunities

AMERICAN STAR
PRIVATE SECURITY

Is Now Hiring. Clean record.
Drivers license required.
Must own vehicle. Apply at
922 E Street, Suite A, Eureka
(707) 476-9262.



EDUCATION:

EQUAL OPPORTUNITY

TITLE IX For jobs in education in all school districts in Humboldt County, including teaching, instructional aides, coaches, office staff, custodians, bus drivers, and many more.

Go to our website at www.humboldt.k12.ca.us and click on Employment Opportunities. Applications and job flyers may be picked up at the Personnel Office, Humboldt County Office of Education 901 Myrtle Ave, Eureka, or accessed online. For more information call 445-7039.

HOME CAREGIVERS PT/FT

Non-medical caregivers to assist elderly in their homes. Top hourly wages. (707) 362-8045.



@ncj_of_humboldt

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northcoast
journal.com

Come join Mad River
Community Hospital and
enjoy the satisfaction of
working with a team.

Yes, you can be happy at work...here.
If you have to work, why not do so with some of the
best in the business. We are looking to hire
RN's, Housekeepers, Social Worker
(for home health part-time), **Home Health
Care Plan Typist** and other positions.

Look on our web site for openings:
www.madriverhospital.com

Arcata House
Partnership
is Hiring!

Supervisor of Client Services

Minimum 3 years supervisory experience and with a BA/MA/MSW and is responsible for the oversight and support of the case management team.

Housing Specialist

Work as a team to assist homeless families and individuals in securing and maintaining permanent housing. Background in property management or real estate preferred.

Case Manager

With a BA/BS in social work or psychology or a related field and experience with low-income populations, the case manager will provide supportive services to our clients in permanent supportive housing.

On-Call Support Workers

Help provide extra support on an as needed basis at our Adult Shelter, helping to provide oversight and assist in daily operations of the shelter.

As Arcata House Partnership continues to expand our services, we are looking for enthusiastic and vibrant professionals to join our team. Serving the community as a resource for homeless and low income people, we help people in need find and secure housing through our permanent supportive housing and shelter programs. To apply for any position, please email your resume to: **hiringcommittee.ahp@gmail.com** or call **(707) 822-4528** for full job description.

RCHDC

Rural Communities Housing Development Corporation

Rural Communities Housing Development Corporation, a Non-profit housing corporation is seeking a

ON-SITE PROPERTY MANAGER/ MAINTENANCE SUPERVISOR (Arcata)

We're looking for enthusiastic, compassionate people interested in helping us build strong and healthy resident communities. Our Site Managers must have excellent people, communication and computer skills. The ideal candidate should have LIHTC, property management subsidy experience, social services background, and general maintenance skills, however we will train the right person. Compensation of \$45,000-\$50,000 including hourly pay, free housing, and utilities, health insurance, paid holidays, and 401k.

Applications available www.rchdc.org
or call: (707) 463-1975, ext 120



United Indian Health Services, Inc. Our Vision

*"Healthy mind, body and spirit for generations
of our American Indian Community."*

Join our dynamic team and support the UIHS vision!

This week's featured job:

Night Housekeeper - Arcata

Cleans and maintains clinic areas, orders housekeeping supplies as needed. Maintains a professional organized clean working environment by following organizational policies, guidelines, and safety standards.

Visit www.uihs.org to learn about the following opportunities:

Diabetes Educator - Arcata

Medical Assistant - Arcata/Crescent City

Lab Assistant - Arcata

Diabetes Program Manager - Arcata

Medical Provider - Fortuna

Pharmacy Technician - Arcata

Community Health Representative - Smith River

Dental Assistant - Smith River

Job descriptions & salary ranges posted on website. Employment application available at www.uihs.org Email application, cover letter and resume to UIHS-Recruiting@cuihb.org

*Serving the Native American Community since
1970. In accordance with PL 93-638 American
Indian Preference shall be given.*



Humboldt County Office of Education

BUS DRIVER, PART-TIME



**M-F, 6.0 Hrs./Day, (2 positions)
\$14.09-\$19.94/Hr. DOE**

Qualifications: Entry level or experienced - all you need is the DRIVE to succeed. Ideal for retirees and those returning to the workforce, and people looking for extra income. Must be 18 years of age or older. Free training available for Class B license and School Bus Driver Certification. Experience with special needs students desirable. Drivers will be subject to a medical evaluation, including drug testing. Eligible for prorated Health and Welfare and PERS retirement.

**Apply at HCOE or online at www.hcoe.org
Reply to: Personnel, HCOE, 901 Myrtle Ave.,
Eureka, CA 95501**



CURRENT JOB OPENINGS

Interested applicants are encouraged to visit and apply online at www.SHCHD.org or in person at 733 Cedar Street, Garberville (707)923-3921

CAL-FRESH OUTREACH COORDINATOR

The Cal-Fresh Outreach Coordinator will work from the Southern Humboldt Family Resource Center. The Outreach Coordinator reports directly to the FRC Coordinator and works collaboratively with community partners who help facilitate our community programs (Food For People, local grocery stores, Churches, The Mateel, etc.). This position involves providing direct service to the Southern Humboldt Unified School District and the Outlying communities. This individual is in charge of coordinating the following services/programs:

Emergency Food Pantry

Seasonal Food For People food drives

Weekend Backpacks Program

Holiday food distribution

Summer Rec Program

Volunteer Recruitment and Coordination

After school Cal-Fresh Activities

JOB REQUIREMENTS:

Must have a high school diploma. Must have reliable transportation, a valid driver's license and up-to-date auto insurance. Bilingual in Spanish and English preferred.

WAGE AND SCHEDULING:

This is a grant-funded, non-exempt position and requires completing the employee on-boarding process through Southern Humboldt Community Health Care District. The position starts off at \$15.50 an hour and is approx. 20 hours a week, (Wed-Fri, 10-4pm); there is also minimal mileage built into the grant to accommodate travel for duties and tasks. The hourly wage can be negotiated with additional qualifications.



Redwood Coast Regional Center

Be a part of a great team!

SERVICE COORDINATOR (Case Mgr, Social Worker)

FT in Eureka, CA. Advocating & coord. services for Adults w/dev & intellectual disabilities. Requires BA w/exp in human services or related field. Sal range starts \$3164/mo. Exc. bene.

To apply visit www.redwoodcoastrc.org
Closes 10/31/2017 at 5pm.



*The Hoopa Valley Tribe is accepting
applications to fill the following vacant position*

GROCERY STORE ENTERPRISE BOARD OF DIRECTORS

Hoopa Grocery Enterprise, Seven (7) vacancies; the Initial Board of Directors ("Founding Board") shall consist of seven members appointed by the Tribal Council. The Board shall be comprised of three tribal members, two members having experience in the grocery industry, and two community members having general business experience. Background check under Title 30A is applicable. Compensation: Shall be determined by Tribal Council. Terms of Office: Staggered.

DEADLINE: October 26, 2017.

A person is limited to serving on two (2) boards, committees or commissions at one time. The Referendum on Conflict of Interest and Nepotism applies.

For application information, contact the Human Resources/Insurance Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546. Call (530) 625-9200 Ext. 13. All applicants selected to fill vacant commissions, committees or boards will be subject to the Tribe's Alcohol & Drug Policy. Applications are to be submitted to the Human Resources/Insurance Department, applications will only be valid for this advertisement period.

ResolutionCare

SOCIAL WORKER NEEDED

We invite all social workers excited about working with an innovative interdisciplinary care team caring for seriously ill people and their families to apply for this position opening. ResolutionCare is a growing organization where all team members are valued as individuals who bring unique gifts to their work.

We are looking for an experienced Social Worker who is a compassionate and fierce advocate for our community. Ideal candidates have excellent communication skills, are flexible and thrive in a team setting. Medical office experience preferred. This is a full-time position with excellent benefits including generous paid time off, health and vision insurance. No call or weekend hours required. Salary range \$36.00-\$42.00/hour DOE. Position open until Oct. 25th at 5 pm.

To apply, please review our website at www.resolutioncare.com to better understand our organization. Then, send a cover letter and resume by e-mail to: info@resolutioncare.com or fax it to (707) 442-2006. **Open until Oct. 25th at 5 PM.**



Humboldt Bay Municipal
Water District

Maintenance Mechanic

Under general supervision, performs a variety of skilled and semi-skilled preventive maintenance, repair and major overhaul work on District vehicles, building, and facilities including water pumping, treatment and distribution plant facilities and a hydroelectric facility. Candidate will operate a variety hand power tools, and large equipment such as backhoes, forklifts, and mobile and bridge cranes as required. May perform other related work as a Water Treatment Plant Operator.

Candidates with extensive mechanical & hydraulic systems experience, welding, fabrication skills and general mechanical systems troubleshooting skills highly desired. NCCCO Crane operator certification, Grade T-2 Treatment Operator certification and Grade D-2 Distribution Certification, Class A driver's license with haz-mat endorsement desired or the ability to obtain all within two years. Salary range \$4,383 - \$5,327 plus excellent benefits including deferred compensation.

Must submit completed and signed application by **5:00 pm October 20, 2017**. Contact **HBMWD** at (707) 443-5018 or visit www.hbmwd.com/employment-opportunities for a complete job description and application.



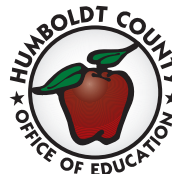
LOOKING FOR AN EMPLOYER COMMITTED TO YOUR CAREER AND WELL-BEING?

Crestwood Behavioral Health Center is looking for Full-time, Part-time & On-call LPTs/LVNs to join our dynamic Team. Full-time benefits include medical, dental and vision plans; 401(K); sick & vacation time; scholarships; & lots of career-furthering training.

\$500 SIGN-ON BONUS, please inquire for details!

Apply at: 2370 Buhne Street, Eureka
707-442-5721

<http://crestwoodbehavioralhealth.com/location/eureka/>



Humboldt County Office of
Education

Licensed Vocational Nurse, Humboldt

FT, M-F, 7 Hrs./Day. \$14.46-
\$20.45/Hr. DOE.

Qualifications: Grad. from High School or comparable demonstration of basic competence; current certification as a Licensed Vocational Nurse (LVN); one yr. working in the medical field desirable; training or exp. working with children desirable.

Applications available at HCOE or online:
www.hcoe.org/pers/appinfo.php

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave.,
Eureka, CA 95501. PERSONNEL, HCOE, 901
Myrtle Ave., Eureka, CA 95501
Closes: 10/25/17, 4:00 PM



CITY OF ARCATA

Finance Director

\$83,839 - \$101,907/yr.

(2.5% Salary increase scheduled for late 2017)
(2 % Salary increase scheduled for July 2018)

First Review Date: November 10, 2017.

Position is open until filled. Plans, manages, oversees and directs activities and operations of the Finance Department, including financial reporting, accounting, budget preparation, treasury management, debt administration, revenue management, payroll, utility billing, business licensing, management of financial software systems, and long-range financial planning; provides comprehensive management assistance to the City Manager. EOE.

Application packet available at:
www.cityofarcata.org or City Manager's Office,
736 F Street, Arcata; (707) 822-5953.



CITY of EUREKA

PROJECT MANAGER – ENGINEERING

\$5,154-\$6,265/Month (DOE) Plus Full Benefits Package

This position will be responsible for developing and implementing policies and procedures for the following programmatic functions: budget development, financial administration and reporting, expenditure monitoring, grant funds disbursement, purchasing, contract administration, management analysis, project management, automation and program evaluation, and coordinating activities with contractors, regulatory agencies and City staff. Desirable qualifications include a combination of training and experience equivalent to a Bachelor's degree in Public Administration, Engineering, Project Management, Construction Management, or a closely related field and 5 years of increasingly responsible professional experience in contract and project management, emergency management, and grants administration. Professional experience working on city government/municipal projects is highly desirable. For a full job description, and to apply, visit our website at www.ci.eureka.ca.gov.

**Recruitment closes 5:00 p.m.
on Friday, 11/03/2017. EOE**



CITY of EUREKA

LATERAL POLICE OFFICER

\$4,027.00 - \$5,154.00 MONTHLY
\$15,000 SIGNING BONUS

\$7,500 paid upon hiring, \$3,750 paid upon completion of FTO, final \$3,750 paid upon successful completion of probationary period.

Successful candidates may be hired at any step in the salary range, depending on experience.

Applicants who hold POST Professional Certifications will be eligible for certification pay as follows: POST Intermediate: 7% of Basic Salary
POST Advanced: 14% of Basic Salary

Under general supervision, performs a wide variety of patrol and related duties involving the prevention of crime, the protection of life and property, and the enforcement of Federal, State and local laws and ordinances; makes investigations, assists in the preparation of cases and testifies in court; serves in specialized departmental roles as assigned; provides information and assistance to the public; performs related work as assigned.

For a complete job description, and to apply, please visit our website at: www.ci.eureka.ca.gov. This recruitment will remain open until positions are filled. EOE

YUROK TRIBE JOB OPENINGS

For information www.yuroktribe.org,
hr@yuroktribe.nsn.us or 707-482-1350

#0835 WILDLAND FIRE COORDINATOR

RG/FT TULLEY CREEK \$55,435-79,173 OUF

#0916 FISHERIES BIOLOGIST II

FT/RG WILLOW CREEK \$24.12-34.54 10/31/17

#0928 COMPUTER TECHNICIAN II

RG/FT KLAMATH \$24.12-31.35 10/20/17

#0929 CONSERVATION WARDEN

RG/FT KLAMATH \$15.91-20.69 10/20/17

#946 ASSISTANT HEAD START MANAGER

RG/FT HS SERVICE AREA \$20.23-26.30 OUF

#0947 BUS DRIVER/CUSTODIAN

RG/FT WEITCHPEC \$15.86-20.62 OUF

#0949 TRIBAL WARDEN(2)

RG/FT KLAMATH \$16.87-21.30 OUF

#0950 POLICE OFFICER

RG/FT WEITCHPEC \$21.68-27.37 OUF

#0951 CHILD CARE TEACHER AIDE

RG/FT KLAMATH \$14.60-18.99 OUF



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in the Journal.

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northcoastjournal.com

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Difference**
IN YOUR COMMUNITY

Share your home
and become a
Mentor for an adult
with special needs.

Call Sharon at
(707) 442-4500



Northcoast Children's Services

TEAM TEACHER, MCKINLEYVILLE

Resp for the dev. & implementation of classroom activities for preschool children. Meet Associate Teacher level on Child Dev Permit Matrix (3 units in admin pref) & 1 yr exp teaching in a preschool setting. PT school yr 28 hrs/wk; \$12.64-\$13.27/hr **Open Until Filled**

ASSISTANT TEACHER, WORTHINGTON

Assist teacher in implementation & supervision of activities for preschool age children. Min of 6-12 ECE units & 6 months exp working w/ children. PT school yr, 16 hrs/wk \$11.13-\$12.27/hr **Open Until Filled**

TEMPORARY INTERPRETER, WORTHINGTON

Assist in interpreting in class, at parent meetings & on home visits for children & families. Bilingual Spanish req. Must have 6 months exp working w/ children & families. Prefer 6-12 units in Early Childhood Education. PT Temp, school yr 8 hrs/wk \$11.13-\$12.27/hr **Open Until Filled**

TEMPORARY ASSISTANT TEACHER, FORTUNA

Assist in interpreting in class, at parent meetings & on home visits for children & families. Bilingual Spanish req. Must have 6 months exp working w/ children & families. Prefer 6-12 units in Early Childhood Education. PT Temp, school yr 8 hrs/wk \$11.13-\$12.27/hr **Open Until Filled**

COOK, FORTUNA

Req basic cooking skills, plus exp in food service & volume meal prep. Pref candidate have exp, training or education in nutrition, menu planning, kitchen safety & sanitation & CACFP (CA Child Care Food Program) exp. PT school yr 28 hrs/wk, M-F \$11.13/hr **Open Until Filled**

ASSISTANT COOK, MCKINLEYVILLE

Duties include assisting in the preparation & organization of food, setting-up meals & snacks and kitchen cleanup for a preschool facility. Requires basic cooking skills. Prior experience in food handling and service desired. P/T (school year): M-Th 24hrs/wk \$11.13/hr **Open Until Filled**

SUBSTITUTES-HUMBOLDT AND DEL NORTE COUNTY

Intermittent (on-call) work filling in for Classroom Assistant, Assistant Teachers, Cooks/Assistant Cooks or occasional childcare for parent meetings. Req exp working w/children or cooking. \$11.13/hr. No benefits. Submit Sched of Availability form w/app.

Positions include vacation, holidays & sick leave benefits.

Submit applications to:
Northcoast Children's Services
1266 9th Street, Arcata, CA 95521
For additional info & application please call
707- 822-7206 or visit our website
at www.ncsheadstart.org



K'ima:w Medical Center

*an entity of the Hoopa Valley Tribe, is seeking
applicants for the following positions:*

TAI-CHI INSTRUCTOR

NURSE MANAGER/DON

CHIEF OPERATING OFFICER

MENTAL HEALTH CLINICIAN (LMFT OR LCSW)

CLINICAL LABORATORY SCIENTIST

PHYSICIAN

DENTAL HYGIENIST

FAMILY NURSE PRACTITIONER

PHYSICIAN ASSISTANT

LICENSED VOCATIONAL NURSE

CERTIFIED MEDICAL ASSISTANT

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 or call **530-625-4261** or email: hr.kmc@kimaw.org for a job description and application. Resume and CV are not accepted without a signed application.



COLLEGE OF THE REDWOODS

EUREKA CAMPUS

Assistant Professor, Communication Studies

Full-time, Tenure track
Fall 2018

Annual Salary Range:
\$48,314 - \$63,506

Close Date: December 15, 2017

Director, Campus Life

Full-time, 12 Months/Year
Annual Salary Range:

\$58,282 - \$84,424

Close Date: October 30, 2017

Vice President, Administrative Services/Chief Business Officer

Annual Salary Range:
\$119,082 - \$172,495

Close Date: January 12, 2018

More information about the positions
is available through our website.
<http://www.redwoods.edu/hr>

College of the Redwoods
707-476-4140 • hr@redwoods.edu
College of the Redwoods is an EO Employer



CARDINAL SERVICES INC., DBA

SEQUOIA PERSONNEL SERVICES

445-9641 • 2930 E Street Eureka, CA 95501
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Would you like to apply your skills in an established organization helping local children and families?

Our exciting workplace has full- and part-time time openings. Take a look at the job descriptions on our website at www.changingtidesfs.org.

VISITATION SPECIALIST

Under general supervision this full or part-time position provides supervised visitation for children, youth and their families in a variety of settings, provides parenting skills coaching, as well as related tasks. Full and part-time openings available. Requirements include: transporting clients in employee's own vehicle throughout Humboldt Co. (mileage is reimbursed), ability to lift and carry car seats and children, min. 2 years of experience working with children, youth or families or 2 years working in a social service agency. Starts at \$14.11/hr. **Open until filled.** Next review Monday, October 23, 2017.

CLINICIAN/BILINGUAL CLINICIAN

Full-time opening for a Clinician to provide services to children, youth, and adults, including assessments, individual and group therapy, and related services. Clinician I requires current ASW or MFTI registration valid in CA. Clinician II requires current MFT or LCSW license valid in CA. Bilingual Clinician positions require ability to speak, read, and write in accurate, fluent Spanish. Experience providing psychotherapy w/children and youth as the primary focus is preferred. Clinician I \$23.24/hour, Clinician II \$4,385/month, Bilingual Clinician I \$24.92/hour, Bilingual Clinician II \$4,702/month. **Open until filled.** First review Friday, October 20, 2017.

Additional requirements for positions listed:
Must be able to pass DOJ/FBI criminal history fingerprint clearance and possess a valid CDL, current automobile insurance, and a vehicle for work. Benefits for fulltime positions include paid vacation/sick leave, holidays, paid insurance, and 401k retirement plan

Application and job description available at www.changingtidesfs.org. Please submit letter of interest, resume, and application to Nanda Prato, Human Resource Director, at nprato@changingtidesfs.org or via U.S. mail to: 2259 Myrtle Avenue, Eureka, CA 95501. EOE



**REDWOOD URGENT CARE
IN EUREKA, CA IS SEEKING A
SEASONED FULL-CYCLE
MEDICAL BILLING
SPECIALIST.**

This position serves as the clinic expert for all billing processes. Reviews current procedures to improve efficiency of billing and collections operations. Communication with payers, physician offices, patients, and coworkers. Excellent customer service skills are required. Charge entry and payment posting. Manages past due accounts and collaborates with collection agencies. Claim submission, re-submission and disputing denials. Accounts receivable follow up and reimbursement management.

MINIMUM QUALIFICATIONS:

4 years experience in medical billing. Candidate must be a self-starter, able to work independently and streamline issues. Strong communications, negotiations and "people" skills are required. Ability to follow-up and dispute claims, read and interpret payer contracts and navigate clearing houses. *Experience with physician credentialing preferred.*

Please email resumes, cover letters, and job description inquiries to ashley@redwoodurgentcare.com.

**The North Coast Journal is seeking
DISTRIBUTION DRIVERS**



Wednesday afternoon/
Thursday morning routes in

**Arcata • Fortuna/Ferndale
Willow Creek/Hoopla**

Must be personable, have a reliable vehicle, clean driving record and insurance. News box repair skills a plus.

Contact Melissa
707.442.1400 • melissa@northcoastjournal.com

**The North Coast Journal is hiring
SALE REPS**



BASE SALARY + COMMISSION + BENEFITS
Seeking full-time motivated individuals eager to develop and manage sales programs across print, web and mobile platforms.

Apply by emailing your resume to
melissa@northcoastjournal.com



CURRENT JOB OPENINGS

Interested applicants are encouraged to visit and apply online at www.SHCHD.org or in person at 733 Cedar Street, Garberville (707) 923-3921

**INFORMATION TECHNOLOGY
(IT) SUPPORT TECHNICIAN**

We are looking to add a well-organized, team player to support our IT Manager. Primary responsibilities include, but are not limited to, setting up workstations and peripherals, install and configure software, provide training to users on operation of hardware and software, document all repairs/fixes, and understanding of network cabling/switches. The right candidate will be adaptable and good at troubleshooting computer and network problems. Must possess a strong understanding of computer hardware, software, and networks. Part Time position.

PHARMACY TECHNICIAN

Under the direct supervision of the Operations Manager, follows established policies and procedures to perform a variety of routine technical and clerical support tasks that are integral to the operation of the Pharmaceutical Department. Maintains appropriate patient records, orders, stocks, and distributes inventory throughout the pharmacy and the institution while maintaining accurate levels of inventory. Maintains competencies required as a California Certified Pharmacy Technician. Performs other duties and responsibilities as related to specified technician function and/or assigned by the department and the institution.

California Pharmacy Technician license required, National certification (CPHT) preferred. Knowledge of 340B program highly preferred. Part Time position.

PATIENT REGISTRATION CLERK

Be the first and last face our clients contact at the hospital. Professional phone skills, customer interface. A natural at Multi-media (Twitter, Facebook, text messaging, etc.) for a highly visible Customer Service driven position. Adept with computer applications such as MS Office. A quick learner able to master our digital-based records system. Full Time, Part Time, and/or Per Diem availabilities; 8-hour shifts, Day shifts.

CERTIFIED NURSE ASSISTANT

Full Time, Part Time, or Per Diem Positions. Direct Patient Care, activities with the residents/ patients. Must possess CNA Certificate and CPR Certification.

REGISTERED NURSE

Full-Time. Current California RN License, BLS, ACLS, & PALS certification required. Work 12-hour shifts in our critical access acute care & emergency room.

COOK

\$15 per hour, Full Time (32+ hours/week) Medical, Dental, PTO Benefits... Part time & per Diem available. Cook & follow a planned menu. Maintain dietary department sanitation. No license or certification required.

SHCHD wages start at \$15 per hour featuring an exceptional benefits package, including an employee discount program for services offered at SHCHD.

Auctions

PUBLIC AUCTIONS

Coin collection
ONLINE ONLY OCT. 16TH-26TH!

Local art, beautiful antique
furniture and MORE!

THURS. OCT. 19TH 4:15 PM

INFO & PICTURES AT
WWW.CARLJOHNSONCO.COM
PREVIEW WEDS. 11 AM - 5 PM &
THURS. 11 AM TO SALE TIME



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October

Featuring
Zombies &
Costumes

116 W. Wabash
443-3259
Mon. 1-6
Weds.-Sat. 1-6

"Clothes with Soul"

What's New

Come in and see our
WITCHIN' selection of
HALLOWEEN COSTUMES.
ON SALE NOW!*

*Thru Oct. 31



335 E Street, Eureka
445-8079

HALLOWEEN COSTUMES

Costume Rentals
Professional Make-up, Wigs
Costume Thrift Sale Rack
Halloween Hours:
Mon-Fri 12-7. Sat-Sun 10-6.
Groups by appointment.
The Costume Box
202 T St. Eureka
707-443-5200



Merchandise

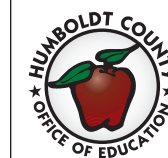
**PUZZLES, GAMES & BOOKS 1/2
OFF SALE** at the Dream Quest
Thrift Store October 19-25.
Where your shopping dollars
support local youth!
(530) 629-3006.

**STRUGGLING WITH DRUGS OR
ALCOHOL? Addicted to PILLS?**
Talk to someone who cares. Call
The Addiction Hope & Help Line
for a free assessment. 800-978-
6674 (AAN CAN)

Miscellaneous



**WRITING
CONSULTANT/EDITOR.**
Fiction, nonfiction, poetry.
Dan Levinson, MA, MFA.
(707) 443-8373.
www.ZevLev.com



Humboldt County Office of Education

**Occupational
Therapist**

FT, M-F, Placement on Certificate Salary
Schedule. Req. a BA degree, valid
certification as Occupational Therapist
issued by the National Board for Certification in
Occupational Therapy.

Eligible for H&W and retirement benefits.

App. available at HCOE or online:
www.hcoe.org/pers/appinfo.php

**Reply to: PERSONNEL, HCOE, 901 Myrtle
Ave., Eka, CA 95501 Open Until Filled.**

Roy's AUTO CENTER

Happy Harvest Sale



**2013 TOYOTA PRIUS C
HATCHBACK** GAS/ELECTRIC HYBRID,
53 MPG! BLUETOOTH, SUPER CLEAN!
#29217 **ONLY \$12,995**



2004 FORD F-150 FX4 4X4
SUPERCAB, LEER CAMPER SHELL,
TINTED WINDOWS, GREAT DEAL!
#33117 **ONLY \$11,995**



**2010 MAZDA CX-9 GRAND
TOURING** ALL-WHEEL DRIVE,
THIRD ROW SEATING, SPORTY SUV
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2011 Chevy Camaro SS Auto, Low 49K Miles #26217.....	\$23,995
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2016 Subaru Forester 6 Speed Manual #34017.....	\$22,995
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2015 Kia Optima Only 29K Miles! #29917.....	\$18,995
2012 Acura TSX Navigation #20517.....	\$17,995
2015 Mazda6 i Touring 6 Spd! Loaded! #17717.....	\$17,995
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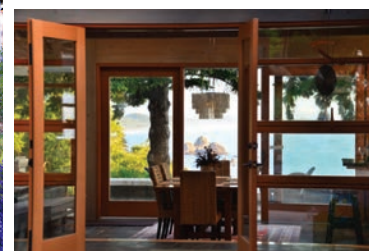
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1706 RIDGEWOOD DR, EUREKA - \$349,000

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DINSMORE - HOME ON ACREAGE - \$795,000

±46 acres turnkey property made up of two parcels, each with its own house, generator setup, water storage, fuel storage, and established garden space. Mostly fenced, two barns, undeveloped flats, spring and natural pond.



CARLOTTA - LAND/PROPERTY - \$1,850,000

Yager Creek Farm is a ±10 acre farm with 10,000 sq ft mixed light, permitted and in operation! 20,000 sq ft RRR pending. Paved road highway access, on the grid power and natural gas, 2 wells and the perfect climate for 30,000 sq ft of cultivation!



LEGGET-LAND/PROPERTY-\$2,900,000

±954 Acres made up of 11 parcels in Mendocino county, with multiple water sources. House has tile floors throughout with wood stove, loft, and tiled kitchen counter tops. Property features a hunting shed, warehouse with separate drying area, several undeveloped flats & building sites, and brand new guest house.



WILLOW CREEK - LAND/PROPERTY- \$1,190,000

±203 Acres near Willow Creek with permit for 41,500 sq. ft. of outdoor. Features several living spaces with customized cargo containers, a 30-foot yurt with kitchen and detached bathhouse, and a large two-story barn which provides excellent work space or could be completed into a house.



DINSMORE-LAND/PROPERTY-\$329,000

±122 Ridgetop acres with panoramic views and beautiful oak studded meadows perfect for hunting or grazing. Elevation at approximately 4400 ft.



SWAIN'S FLAT - HOME ON ACREAGE - \$599,000

This ±5 acre gated parcel boasts a meticulously maintained 3 bed, 2 bath house privately nestled in the redwoods. The dual water sources (spring & well) provide plenty of water for all your gardening needs. Currently the property features large, raised vegetable gardens, mature fruit trees, and merchantable redwood, mature fruit trees, and merchantable redwood.



WILLOW CREEK-LAND/PROPERTY-\$549,000

±160 Acres just 45 minutes from Arcata. Easily accessible yet private, this timbered property features a year round creek, springs, views and multiple buildings sites. The property has undergone multiple improvements including developed flats, barn and greenhouses, and bathroom facilities. Great potential!



WEITCHPEC-LAND/PROPERTY-\$2,900,000

±320 Acres nestled in old growth forest 30 minutes from Willow Creek. This south-facing property offers abundant water with 3 creeks, multiple springs and a 500,000 gal permitted off-channel rainwater catchment pond. Developments include 20 hoop houses, 4 separate outdoor gardens, cabin, shop, and well-maintained roads. Permits on file for 1 acre of outdoor and 22,000 sq ft of mixed light.

RUTH-HOME ON ACREAGE-\$749,000

±40 Hill top acres with 360° views of Ruth Lake and the surrounding mountains! Property features oak studded meadows, well, private driveway, and a 4 bed/ 3 bath house. The custom home includes a good sized living room with vaulted ceilings and wood burning stove, large kitchen and pantry, master suite with private balcony, deck, and 2 car garage.



SALMON CREEK -LAND/PROPERTY- \$995,000

± 40 Acres with end of the road privacy in the desirable Salmon Creek area. This gated, south-facing parcel features a year-round creek, pond, water storage, solar system with backup propane generator, 2 shop outbuildings, and 2-bed/1 bath cabin. Completed application for 32,626 sq ft of outdoor and 2,000 sq ft of mixed light.

ALDERPOINT-LAND/PROPERTY-\$1,290,000

±74 Acres with 5,000 sq. ft. of existing mixed light and 5,000 sq. ft. of new mixed light for a total of 10,000 sq. ft. of mixed light cultivation. Intended to host an additional 20,000 sq ft of new outdoor cultivation from an RRR.



BERRY SUMMIT-HOME ON ACREAGE-\$695,000

±130 Acres just 20 miles from Arcata. These two timbered parcels feature spring water, views, an area for horses, and access to Redwood Creek. Nice 3-bedroom, 2-bathroom, 2800 sq. ft. home boasts swimming pool, deck, attached garage, and screened-in balcony. Plenty of room for expansion on this one of a kind property!

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